


1pm-2pm	<b>OIA Badge Pickup</b>	OIA registrants pick up badges from the Secretariat at the table outside of the Watson's Bay room.
2pm – 3pm	<b>OIA Members Open Forum</b>	OIA members share updates from their organizations ( <i>5 minutes each</i> ).
3pm – 5pm	<b>OIA Annual General Meeting</b>	Annual Meeting of the OIA and 2024-2026 board elections.
5pm – 6pm	<b>OIA Welcome Reception</b>	Cocktail reception (included for all OIA registrants). <i>*Guest tickets available on-site for \$54 AUD per person – please see OIA Secretariat Raine Richards or Osteopathy Australia representatives before 3pm to purchase.*</i>

**Note: Visas Required for All Non-Australian Citizens**

All non-Australian citizens traveling to Australia must apply for a visa or visa waivers issued by the Australian Government **before leaving for Australia**. Visit <https://www.homeaffairs.gov.au/sitesearch?k=Visa> for more information.

**Note:**

All OIA conference attendees are welcome to attend Osteopathy Australia-planned sessions, which run concurrently with OIA-planned sessions, denoted with . Descriptions of Osteopathy Australia speakers and session topics can be found [here](#).

# DAY ONE


## FRIDAY 25 OCTOBER 2024

**\*\*NOTE: OA registrants are welcome to attend -planned sessions, and vice versa.**

# MORNING PLENARY

## THE BALLROOM

**\*\*NOTE: Schedule (current as of Oct. 8, 2024) is subject to change at any time.**

7:00am – 8:25am	Registration for Osteopathy Australia delegates and the Osteopathic International Alliance delegates, Level 1 pre function area	
8:30am – 8:45am	Welcome to Country, Conducted by <b>MLALC Rep Darran Williams</b>	
8:45am – 9:15am	<b>Matt Cooper</b> , President Osteopathy Australia Board and <b>Philippe Sterlingot</b> , Chair-Elect OIA	Presidents' Welcome address
9:15am – 10:15am	Keynote 1 <b>Frank Willard, PhD</b> 	Systemic inflammation, depression and exercise in health and disease
10:15am – 10:45am	Keynote 2 <b>Martin Fletcher</b> , CEO Ahpra	What does it mean to be an intelligent regulator? Perspectives on risk, foresight and trustworthiness

Delegates may leave the Ballroom at the 10:45am break and move to the Watsons Bay room at 11:10am (following the break) for OIA-planned sessions. Delegates may return to the Ballroom for the afternoon plenary at 4:40pm.

10:45am – 11:10am	Break, Level 1 pre function area
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## THE BALLROOM


## WATSONS BAY

11:10am – 12:10pm	Keynote 3 <b>Clinical Associate Professor Michael Buckland</b>	How the science and lived experience of CTE can inform osteopaths in clinical practice	11:10am – 11:40am	<b>Dr Kendi Hensel, DO, PhD</b> The effects of OMT on blood flow to the brain
	Keynote 4 <b>Adjunct Professor Alan Pearce</b> Keynote 5 <b>Andrea Miles</b>		11:40am – 12:10pm	<b>Dr Ana Paula Ferreira (Osteopath)</b> Validity and reliability of C1 palpation method


# DAY ONE FRIDAY 25 OCTOBER 2024

**\*\*NOTE: OA registrants are welcome to attend OIA planned sessions, and vice versa.**


**\*\*NOTE: Schedule (current as of Oct. 8, 2024) is subject to change at any time.**

12:10pm – 1:10pm		Lunch, lobby lounge					
THE BALLROOM		ELIZABETH BAY		PORT JACKSON		WATSONS BAY 	
1:15pm – 2:15pm	<b>Dr Amanda Hannaford (Osteopath)</b> Why breast cancer patients need our help	1:15pm – 1:30pm	<b>Jack Feehan Vice Chancellor's Senior Research Fellow</b> Osteopaths as allied health professionals in older adults – emerging needs, and how we need them	1:15pm – 2:00pm	<b>Selwyn Griffith, High Performance Manager, Melbourne Demons</b> VALD Workshop: Modern approaches to strength and conditioning workshop	1:15pm – 1:40pm	<b>Associate Professor Amie Steel, PhD</b> Exploring how the CITE framework may apply to and benefit the osteopathic profession
		1:30pm – 1:45pm	<b>Dr Leo Di Giorgio (Osteopath)</b> Osteopaths practicing in aged care settings – a policy overview				
		1:45pm – 2:00pm	<b>Dr Danielle Baxter (Osteopath)</b> Exploring the role and scope of osteopaths in residential aged care facilities (RACFs)				


# DAY ONE, FRIDAY 25 OCTOBER 2024

THE BALLROOM		ELIZABETH BAY		PORT JACKSON	WATSONS BAY 		
1:15pm – 2:15pm	<b>Dr Amanda Hannaford (Osteopath)</b> Why breast cancer patients need our help (continued)	2:00pm – 2:15pm	<b>Dr Amy Lawton (Osteopath)</b> The role of osteopaths in the primary prevention of falls in the community	2:05pm – 2:30pm	<b>Dr David Birley (Osteopath) and Dr George Michael (Osteopath)</b> The importance of sleep in the management of musculoskeletal health	1:40pm - 2:05pm	<b>Laura Lee Calonius, DO (Osteopath)</b> Supporting sustainable development goals in osteopathic training
2:15pm – 3:15pm	<b>Dr Rudi Gerhardt (Osteopath)</b> Post concussion syndrome	2:15pm – 2:30pm	<b>Jack Feehan Vice Chancellor's Senior Research Fellow</b> Osteopaths: The detection of geriatric musculoskeletal disease in osteopathic clinics			2:15pm – 2:45pm	<b>Maurice Cheng, MA (Oxon) and Antony Nicholas</b> Strengthening associations and building osteopathic communities
		2:30pm – 2:45pm	<b>Dr Roger Engel (Osteopath)</b> Osteopathic intervention for inflammatory conditions of the lactating breast: a case series				

# DAY ONE, FRIDAY 25 OCTOBER 2024


THE BALLROOM		ELIZABETH BAY		PORT JACKSON		WATSONS BAY 	
2:15pm – 3:15pm	<b>Dr Rudi Gerhardt (Osteopath)</b> Post concussion syndrome (continued)	2:45pm – 3:15pm	<b>Dr Michael Fleischmann (Osteopath)</b> A clinician's guide to performing a case series	2:30pm – 3:15pm	<b>Elizabeth Howard, MSc (Osteopath) and Dr Amy Corcoran (Osteopath)</b> Complex pelvic pain workshop	2:45pm – 3:15pm	<b>Hanna Tómasdóttir, DO (Osteopath)</b> Engaging stakeholders in the promotion and visibility of the osteopathic profession
3:15pm – 3:45pm	Break. *Complex pelvic pain workshop attendees break from 3:15pm – 3:30pm						
3:45pm – 4:35pm	<b>Dr Andrew Timos (Osteopath)</b> Using biomechanical alterations on females with Patellofemoral Pain Syndrome (PFPS)	3:45pm – 4:10pm	<b>Dr Kylie McWhirter (Osteopath)</b> Primitive reflex assessment in paediatric clinical practice: a feasibility study	3:30pm – 4:05pm	<b>Elizabeth Howard, MSc (Osteopath) and Dr Amy Corcoran (Osteopath)</b> *Complex pelvic pain workshop (continued)	3:45pm – 4:10pm	<b>Distinguished Professor Jon Adams</b> The design, progress and outputs from the Strengthening Osteopathy Leadership and Research (SOLAR) Program

# DAY ONE, FRIDAY 25 OCTOBER 2024


THE BALLROOM		ELIZABETH BAY		PORT JACKSON		WATSONS BAY 	
3:45pm – 4:35pm	<p><b>Dr Andrew Timos (Osteopath)</b> Using biomechanical alterations on females with Patellofemoral Pain Syndrome (PFPS) (continued)</p>	4:10pm – 4:35pm	<p><b>Dr Alison Sim (Osteopath)</b> The experiences of clinicians delivering care to compensation patients</p>	4:05pm – 4:35pm	<p><b>Dr Paul Orrock (Osteopath)</b> Chair Osteopathy Board of Australia and <b>Dr Kerrin Murnane,</b> President Osteopathy Council of NSW Meet the regulators – regulation panel</p>	4:10pm – 4:35pm	<p><b>Dr Cindy McIntyre, DProf (Osteopath)</b> Evidence based medicine: reconceptualising mechanisms in osteopathic healthcare</p>

**DAY ONE**  
**FRIDAY 25 OCTOBER 2024**

**AFTERNOON PLENARY**  
**THE BALLROOM**

4:40pm – 5:25pm	Keynote 6 <b>Dr Jason Haxton, MA, DO (h.c.)</b>		The body, mind, spirit of Dr A T Still
5:25pm – 5:30pm	<b>Antony Nicholas</b> , CEO Osteopathy Australia		Day one closing address
Day one closed			
5:30pm – 6:00pm	Osteopathy Australia AGM (Osteopathy Australia members only)		
6:00pm – 7:00pm	Osteopathy Conference Welcome reception (included for Conference delegates), Level 1 pre function area. <i>*Guest tickets available on-site for \$54 AUD per person – please see Osteopathy Australia representatives to purchase.*</i>		



7:30am – 8:30am	Registration, Level 1 pre function area		
8:30am – 8:35am	<b>Master of Ceremonies</b> address		
8:35am – 9:15am	Keynote 7 <b>Susan Biggar</b> , National Manager Regulatory Experience and Engagement Ahpra	Understanding practitioner distress. Should regulation be kinder?	
9:15am – 10:00am	Keynote 8 <b>Dr Robert Piccinini, DO</b>		Clinician wellness and burnout – perspectives from a regulator and practitioner
10:00am – 10:30am	Break, Level 1 pre function area		
10:30am – 11:00am	Keynote 9 <b>Associate Professor Gary Fryer</b>	Osteopathic professional identity	
11:00am – 11:30am	<ul style="list-style-type: none"> <li>• <b>Dr Michael Mulholland (Osteopath)</b> past President of the World Osteopathic Health Organisation (WOHO) (panel moderator)</li> <li>• <b>Associate Professor Gary Fryer</b></li> <li>• <b>Dr Ana Paula Ferreira (Osteopath)</b>, Former Chair of the Registro Brasileiro dos Osteopatas</li> <li>• <b>Philippe Sterlingot, DO (Osteopath)</b>, President, Syndicat Français Des Ostéopathes</li> <li>• <b>Dr Jan Willcox, DO</b>, Immediate Past Dean, Edward Via College of Osteopathic Medicine (Virginia Campus)</li> </ul>	Osteopathic professional identity panel	

## THE BALLROOM

## WATSONS BAY

11:30pm – 12:00pm	<b>Dr Shamona Eaves</b>	Osteopathy Australia research update	<b>Dr Lori Kemper, DO</b>	Academic Leadership: After 17 Years of Being a Dean
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# DAY TWO SATURDAY 26 OCTOBER 2024

THE BALLROOM	ELIZABETH BAY	PORT JACKSON	WATSONS BAY 
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12:00pm – 1:00pm	Lunch, Lobby lounge		
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1:00pm – 1:30pm	<b>Dr Donald Hunter (Osteopath)</b> Shoulder Impingement Syndrome (SIS) is a tough case for many health practitioners. But does it have to be?	1:00pm – 1:30pm	<b>Dr Sam Kayll (Osteopath)</b> The effect of footwear and orthotics on patellofemoral joint loads in adults during gait	1:00pm – 2:00pm	1:00pm – 1:30pm	<b>Dr Paul Orrock (Osteopath)</b> Regulation of osteopathy in a multi-profession model
		1:30pm – 1:45pm	<b>Assistant Professor Hyung-Seok Kim</b> Effects of wet cupping on erector spinae thoracolumbar junction for non-acute low back pain			1:30pm – 2:00pm
1:30pm – 2:00pm	<b>Joel Friedlaender, Founder of Cliniko</b> Safeguarding health data, security and AI insights	1:45pm – 2:00pm	<b>Dr Kirsty Greenwood (Osteopath)</b> Osteopathic intervention for infants with breastfeeding difficulties			

# DAY TWO SATURDAY 26 OCTOBER 2024

THE BALLROOM		ELIZABETH BAY		PORT JACKSON		WATSONS BAY 	
2:00pm – 2:30pm		Break, Level 1 pre function area					
2:30pm – 3:15pm	<b>Dr Brett Wiener (Osteopath)</b> Workshop: High time for clarity, navigating medicinal cannabis in allied health	2:30pm – 2:50pm	<b>Ana Christina Curi D. Sc</b> Osteopathy and physiotherapy compared to physiotherapy alone on fatigue in long COVID	2:30pm – 3:00pm	<b>Dr Raymond Blaiich (Osteopath)</b> In practice and in osteopathic education in Australia and New Zealand	2:30pm – 2:50pm	<b>Monica Noy, BSc, MRSc (Osteopath)</b> The importance of a pain curriculum specific to osteopathy integrated as a foundational course in osteopathic education
		2:50pm – 3:15pm	<b>Professor Sandra Grace</b> Building an evidence base for osteopathy: Trials and tensions	3:00pm – 3:15pm	<b>Dr Antonio Pilotto</b> Barriers Barriers and enablers in implementing competency-based CPD activities in healthcare: a scoping review and application to osteopathic settings	2:50pm – 3:15pm	<b>Nancy Spence, CAT(C), OMP (Osteopath)</b> Exploring osteopathic specific competencies for entry to practice level osteopathic physicians and osteopaths
<b>THE BALLROOM</b>						3:15pm – 3:45pm	<b>Elizabeth Howard, MSc (Osteopath)</b> The value of dual consult (physician + pain education osteopath) in the management of persistent pain: a pilot qualitative study
3:15pm – 3:45pm	<b>Stephanie Santos</b> , Policy and Advocacy Manager <b>Natasha Owens</b> , Senior Policy and Advocacy Officer			Osteopathy Australia policy update			

**DAY TWO**  
**SATURDAY 26 OCTOBER 2024**

**AFTERNOON PLENARY**  
**THE BALLROOM**

3:45pm – 4:15pm	<b>Christie Boucher</b> , Risk Services Manager, Guild Insurance	How your behaviour can land you in hot water
4:15pm – 5:15pm	<b>Tomas Collin, MSc, DO (Osteopath)</b> , President, Norwegian Osteopathic Association & Board Member, Osteopathy Europe, <b>(panel moderator)</b>  <ul style="list-style-type: none"><li>• <b>Giacomo Consorti, MSc, DO (Osteopath)</b>, Board Member, Registro degli Osteopati d'Italia</li><li>• <b>Dr Paul Orrock (Osteopath)</b>, Chair, Osteopathy Board of Australia</li><li>• <b>Matthew Redford</b>, Chief Executive and Registrar, General Osteopathic Council (UK)</li><li>• <b>Nancy Spence, CAT(C), OMP (Osteopath)</b>, President, Ontario Association of Osteopathic Manual Practitioners</li><li>• <b>Hanna Tómasdóttir, DO (Osteopath)</b>, President, Danske Osteopater &amp; President, Osteopathy Europe</li><li>• <b>Dr. Joseph Zammuto, DO</b>, President, American Osteopathic Foundation</li></ul>	Global Regulation Panel
5:15pm – 5:30pm	<b>Antony Nicholas</b> , CEO Osteopathy Australia	Conference closing address

Conference closed