

Consortium for Collaborative Osteopathic Research Development – Practice-Based Research Network (CONCORD-PBRN)

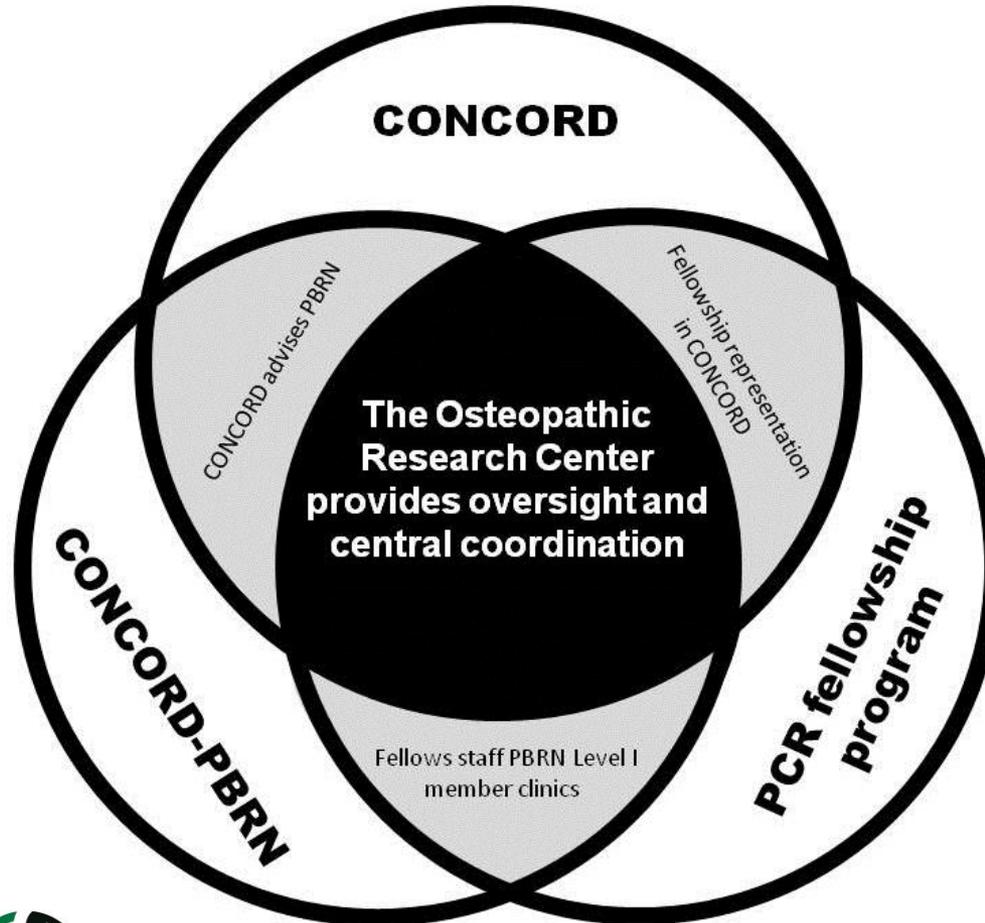
**Osteopathic International Alliance
Austin Annual Conference and General Meeting
January 12, 2014**

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Executive Director, The Osteopathic Research Center
Osteopathic Heritage Foundation
Richards-Cohen Distinguished Chair in Clinical Research**

Presentation Objectives

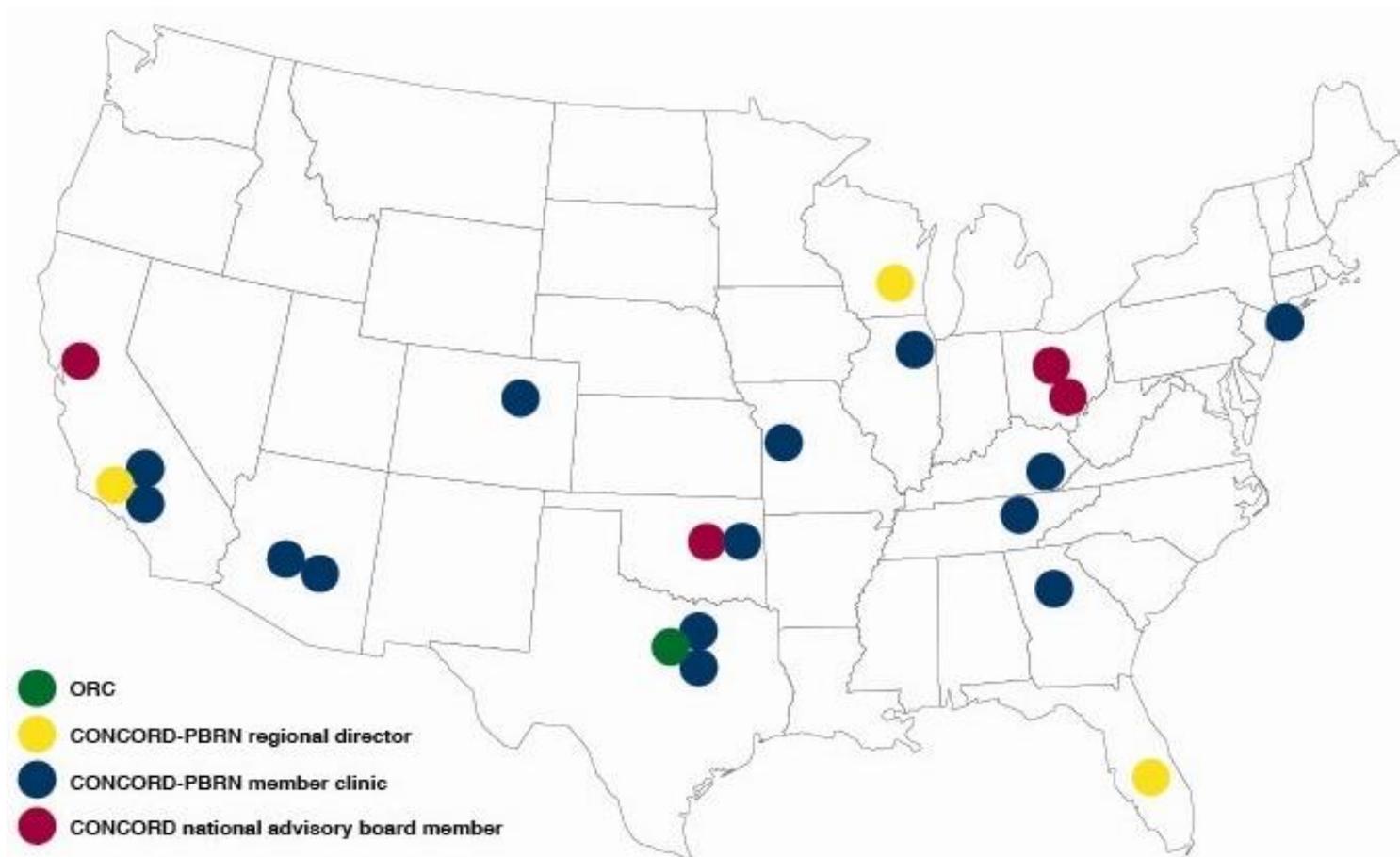
- Illustrate the triadic paradigm and interrelationships of The Osteopathic Research Center's CONCORD-PBRN
- Describe the national scope and distribution of the CONCORD-PBRN
- Describe the affiliated Patient-Centered Research Fellowship program and curriculum
- Present results of the initial card study conducted by the CONCORD-PBRN
- Describe the model for further growth and development of the CONCORD-PBRN

Triadic Paradigm*



CONCORD-PBRN

National Scope and Distribution



CONCORD-PBRN

Certified Primary Care Research Network

AHRQ Practice-Based Research Network (PBRN)

This certificate is awarded to
**CONSORTIUM FOR COLLABORATIVE OSTEOPATHIC RESEARCH DEVELOPMENT
PRACTICE-BASED RESEARCH NETWORK (CONCORD-PBRN)**
and acknowledges CONCORD-PBRN's 2013 registration
with the AHRQ PBRN Resource Center
as a primary care Practice-Based Research Network



Rebecca Roper, AHRQ PBRN
Initiative Director



Gabriella Neues-Adeyi, PBRN
Resource Center Director



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Patient-Centered Research Fellowship Program

- 3-year program developed for midcareer clinicians
 - Year 1 – Didactic
 - Years 2-3 – Practicum
- First class entered in January 2011 and completed program in December 2013
- Next class tentatively planned to start in Fall 2014
- Selected by application process
- No stipend provided for fellows
- Various models for support of the didactic training program and research studies

PCR Fellowship Program

Didactic Phase

- 162 contact hours of research training in total
- Delivered during 6 extended weekend seminars (EWSs)
 - Thursday through Saturday
 - 27 contact hours per EWS
 - Conducted at the Osteopathic Research Center
- ORC provided all faculty instructors and staff
- ORC provided textbooks, computer support, library access, etc

PCR Fellowship Program

162-Hour Research Curriculum

- Clinical research design (24 hrs)
- Epidemiology (19 hrs)
- Biostatistics (27 hrs)
- Human subjects research (10 hrs)
- Critical analysis of the biomedical literature (20 hrs)
- Miscellaneous topics (46 hrs)
- Practicum research planning (16 hrs)
- Will reduce to **108 hours** and **4 EWSs** in future

Didactic Phase Evaluation

Clinical Research Design / Biostatistics

Significant increase
on post-test scores for
knowledge relating to
clinical research
design and bio-
statistics ($P = .02$)

Question

No. Objective of Test Question

- | | |
|-----|---|
| 1 a | Identify continuous variable |
| b | Identify ordinal variable |
| c | Identify nominal variable |
| 2 | Recognize a case-control study |
| 3 | Recognize purpose of double-blind studies |
| 4 a | Identify analysis of variance |
| b | Identify χ^2 analysis |
| c | Identify t -test |
| 5 | Recognize definition of bias |
| 6 | Interpret the meaning of P value $>.05$ |
| 7 | Identify Cox proportional hazard regression |
| 8 | Interpret standard deviation |
| 9 | Interpret 95% CI and statistical significance |
| 10 | Recognize power, sample size, and significance-level relationship |
| 11 | Determine which test has more specificity |
| 12 | Interpret an unadjusted odds ratio |
| 13 | Interpret odds ratio in multivariate regression analysis |
| 14 | Interpret relative risk |
| 15 | Determine strength of evidence for risk factors |
| 16 | Interpret Kaplan-Meier analysis results |

Overall Didactic Phase Evaluation

Evaluation Item	Response Percentage				
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The program improved my overall understanding of PCR	88	12	0	0	0
The program improved my understanding of clinical research design	65	35	0	0	0
The program improved my understanding of epidemiology	47	35	18	0	0
The program improved my understanding of biostatistics	35	53	6	6	0
The program improved my understanding of statistical software ^{c, d}	38	44	13	6	0
The program improved my understanding of human subjects research ethics	53	35	12	0	0
The program improved my understanding of the biomedical literature	35	47	18	0	0
The 162 hours of instruction was just about right	35	41	18	6	0
The number of instructors in the course was just about right	47	47	6	0	0
The pace of material presented was just about right ^c	56	38	6	0	0
The balance between conceptual and practical issues was just about right	47	29	12	12	0
The assigned readings reinforced concepts covered in the sessions	59	35	6	0	0
The handout materials helped identify important concepts	59	35	6	0	0
Overall, the textbooks contributed to my understanding of PCR	65	29	6	0	0
Specifically, the Hulley textbook ²⁰ contributed to my understanding of PCR	53	47	0	0	0
Specifically, the Gordis textbook ²¹ contributed to my understanding of PCR	35	59	6	0	0
Specifically, the Haynes textbook ²² contributed to my understanding of PCR	35	47	18	0	0
Specifically, the Daniel textbook ²³ contributed to my understanding of PCR ^d	24	47	18	12	0
Specifically, the Dunn textbook ²⁴ contributed to my understanding of PCR	35	47	12	6	0
I am more likely to undertake my own independent research	47	41	6	6	0
I am more likely to collaborate with researchers at my institution ^d	71	24	6	0	0
I am more likely to mentor researchers at my institution	53	35	6	6	0
I am more likely to collaborate with researchers at other institutions	65	35	0	0	0
I am more likely to mentor researchers at other institutions ^{c, d}	38	19	31	13	0
I am more likely to collaborate with the ORC (beyond my practicum requirement)	71	29	0	0	0
I would recommend this program to my colleagues	71	29	0	0	0

CONCORD-PBRN

Directors and Initial Members



CONCORD-PBRN

Card Study Design Features

- Many of the advantages of observational studies
- Low cost
- Low patient recruitment/staff burden on practice sites
- Can accrue a relatively large sample size within a short time frame
- Generally does not require identifiable or sensitive data on patients
 - Facilitates ethics board approval and minimizes need for informed consent



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Card Study Methodology

- Centrally approved by the Institutional Review Board at UNTHSC (exempt status)
 - Some sites required additional local IRB/ethics approval
- Conducted from January to March 2013
- 11 of 16 (69%) of member clinics participated
- Each clinic (physician) completed cards on up to 100 consecutive patient visits over a 4-week period
- Physician recorded relevant data on patient demographics, ICD-9-CM codes, TART findings, and OMT on the card immediately after encounter (no information from patient)
- Cards batched at end of day and sent to ORC weekly

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Front of Card

Male Female Age: ___ ___ yrs. If <1 yr. ___ ___ months or, if < 1 month, ___ ___ days

PRIMARY ICD-9 CODE: ___ ___ ___

SECONDARY ICD-9 CODE: ___ ___ ___

TERTIARY ICD-9 CODE: ___ ___ ___

Structural Examination Not Performed

If performed, circle any clinically relevant TART Findings corresponding to the regions below:

	H	C	T	L	S	P	LE	UE	R	A/O
<u>T</u>enderness:	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
<u>A</u>symmetry:	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
<u>R</u>estricted Motion:	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
<u>T</u>issue Texture Changes:	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
<u>Region Not Examined</u>	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9

If you circle a wrong letter or code number, then draw a single diagonal line through the circled letter or number (e.g., ) and then circle the correct letter or 739.x code number

739.x code numbers: .0 Head, .1 Cervical, .2 Thoracic, .3 Lumbar, .4 Sacrum, .5 Pelvis, .6 Lower Extr, .7 Upper Extr, .8 Rib cage, .9 Abdomen/Other

PLEASE FILL OUT OTHER SIDE!

CONCORD-PBRN

Back of Card

TECHNIQUES: CIRCLE all 739.x codes used in this encounter **PLEASE FILL OUT OTHER SIDE!**

(if you circle a wrong number, then correct it as follows: )

No OMT was Provided during this Encounter

	H	C	T	L	S	P	LE	UE	R	A/O
Articulatory:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
BLT / LAS:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Chapman's:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Counterstrain:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Cranial:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
FPR:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
HVLA:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Lymphatics:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Muscle Energy:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Myofascial Release:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Percussor:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Soft Tissue:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Still's Technique:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Visceral:	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9
<u>Circle if no OMT of Region:</u>	.0	.1	.2	.3	.4	.5	.6	.7	.8	.9

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Card Study Methodology • QC

- 668 cards included in study
- Dual independent keyboard data entry into SPSS Statistics software package
- Discrepant data entries identified and resolved by a panel of three reviewers based on consensus or majority opinion
 - Error rate < 1/1,000 keyboard entries
- Inconsistent data entries reviewed by principal investigator
 - Error rate < 1/16,000 reported data points
- Missing data imputed by proxy measure/multiple imputation
 - Age (n=3; 0.4%)
 - Sex (n=14; 2.1%)

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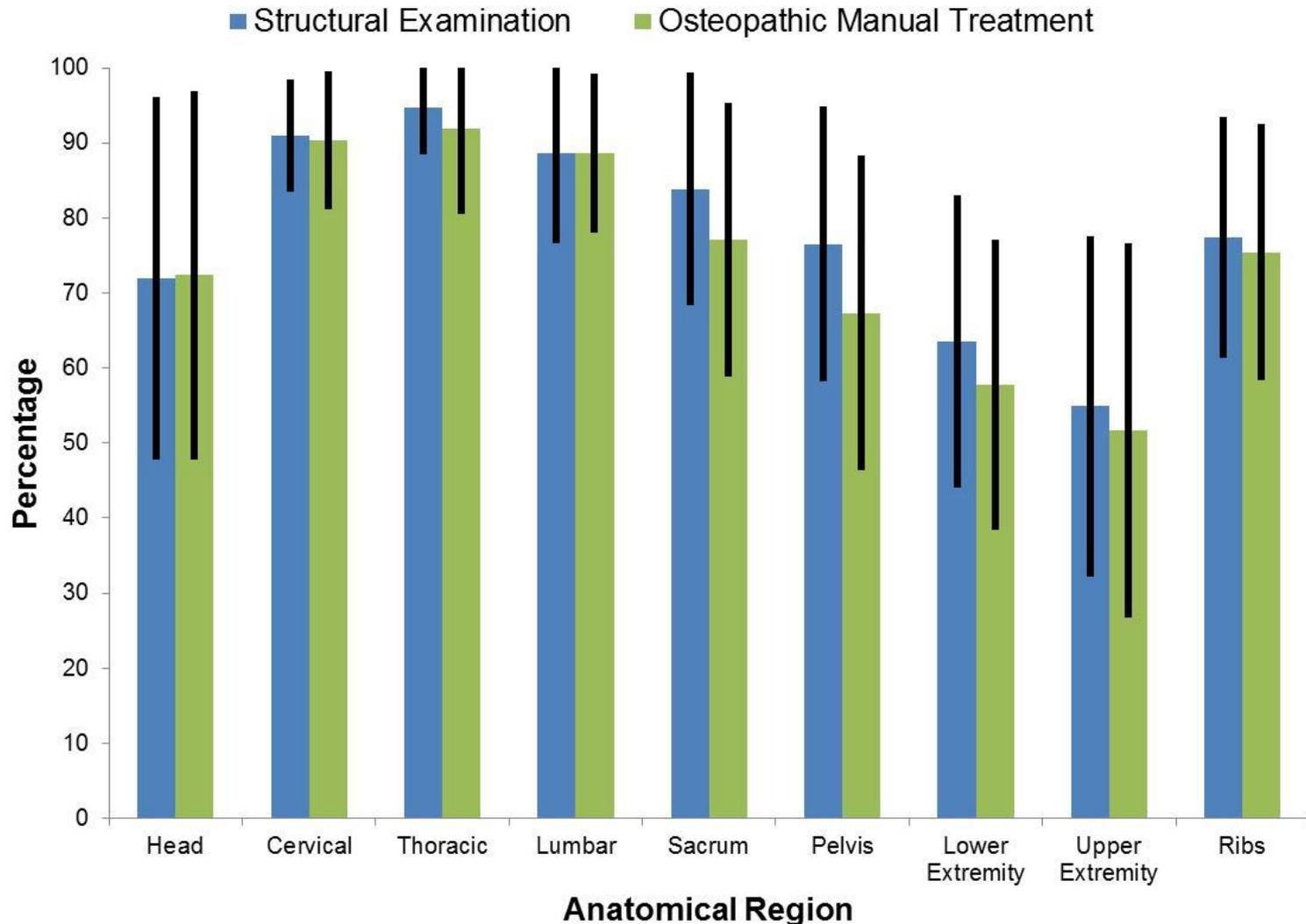
Card Study Results • Demographics

Table 1. Patient Age and Sex According to Member Clinic.

Member Clinic	n	Mean Age (yr) (95% CI)	Mean Percentage of Females (95% CI)
A	33	50.2 (44.5-56.6)	48.5 (30.5-66.5)
B	100	49.9 (46.3-53.4)	61.0 (51.3-70.7)
C	54	49.6 (43.6-55.6)	68.5 (55.7-81.3)
D	62	54.4 (50.3-58.5)	66.1 (54.0-78.2)
E	100	47.5 (44.8-50.3)	70.0 (60.9-79.1)
F	67	46.7 (41.3-52.2)	89.6 (82.0-97.1)
G	59	55.4 (52.0-58.9)	71.2 (59.3-83.1)
H	60	27.6 (25.9-29.3)	53.3 (40.3-66.3)
I	93	62.1 (59.5-64.8)	67.7 (58.1-77.4)
J	21	44.1 (36.9-51.4)	57.1 (34.1-80.2)
K	19	53.1 (42.4-63.7)	84.2 (66.2-100.0)
Overall (Unadjusted)	668	49.7 (48.3-51.1)	67.4 (63.8-70.9)
Overall (Adjusted)*	668	49.2 (43.3-55.1)	67.1 (59.2-74.9)

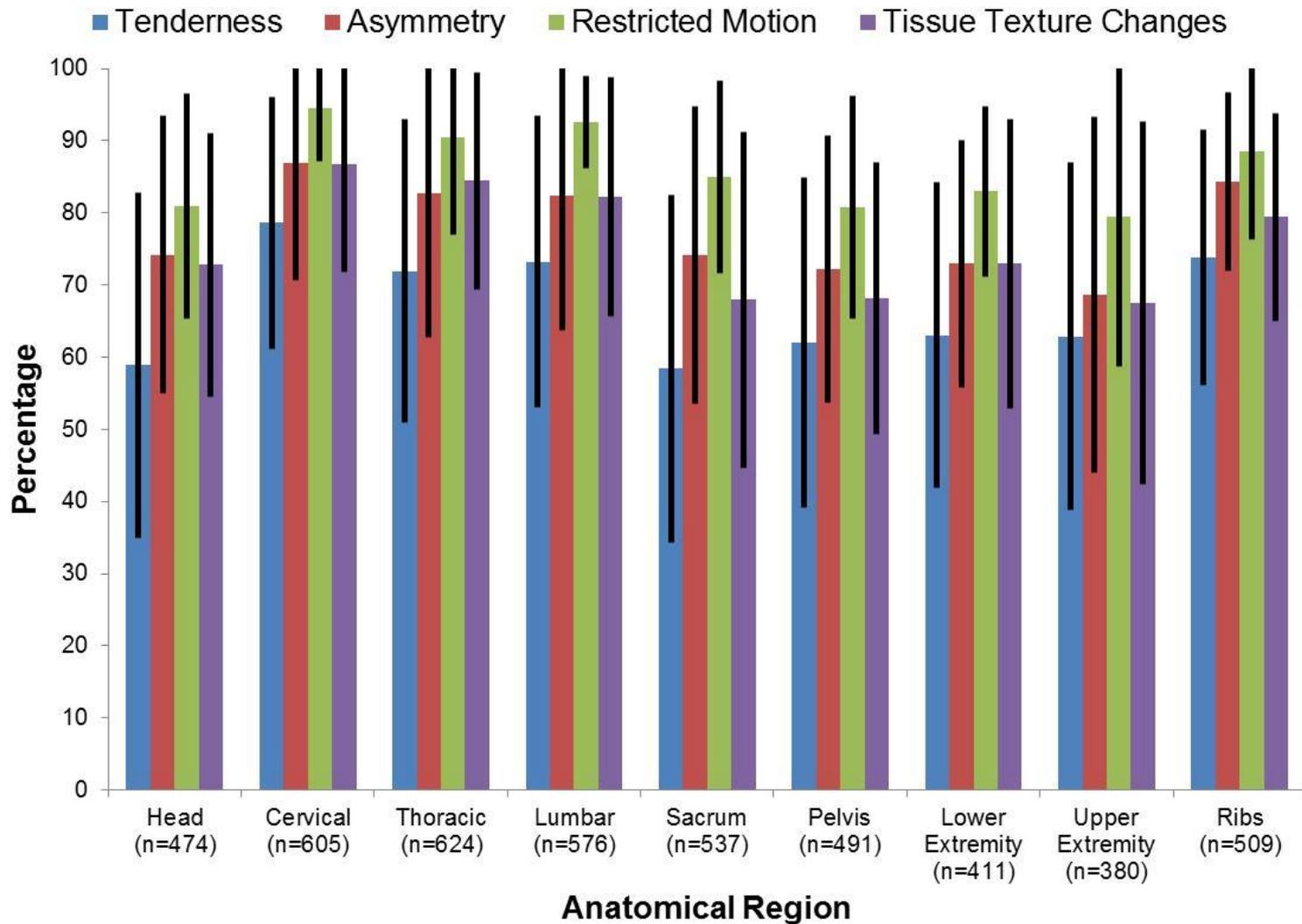
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Card Study Results • Exam / OMT



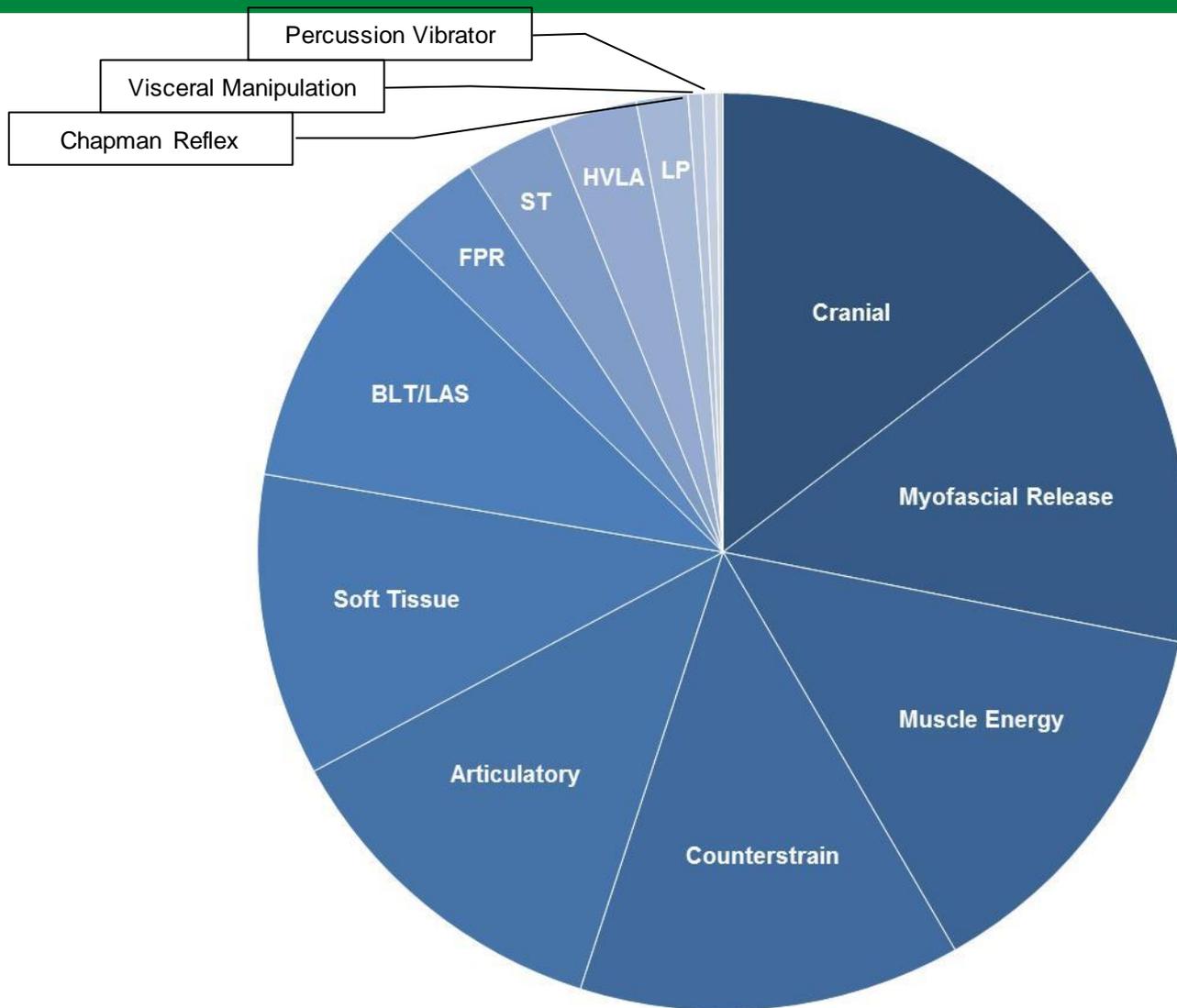
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Card Study Results • TART



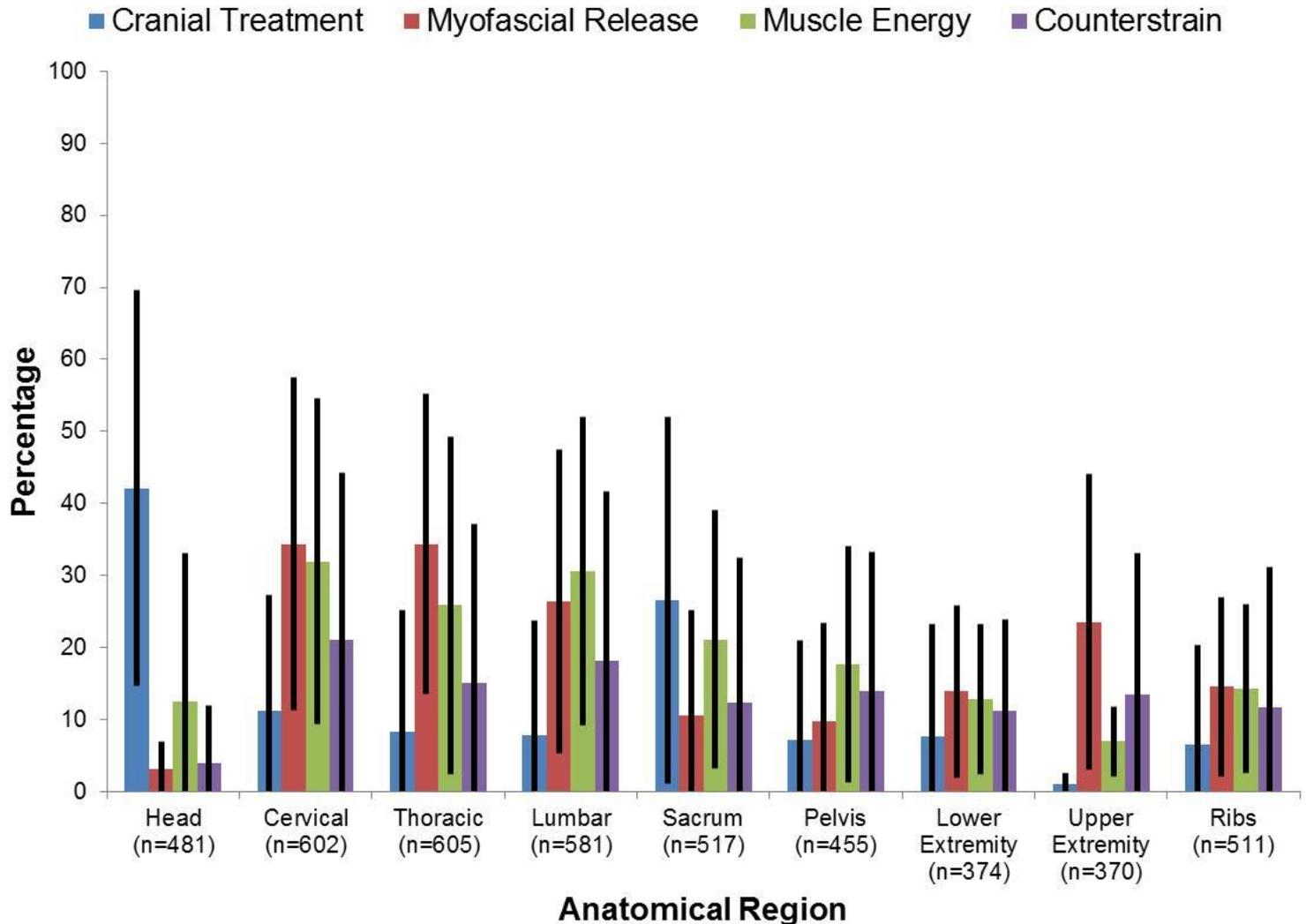
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Card Study Results • Techniques



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Card Study Results • Techs x Site



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Card Study Results • ICC

Table 4. Intraclass Correlation Coefficients and Design Effects for Patient Demographic Characteristics and Physician Use of OMT Techniques.

	ICC	D
Age (yr)	0.22	14
Age Group	0.10	7
Sex	0.04	3
Use of OMT Techniques*		
Cranial Treatment	0.72	44
Myofascial Release	0.41	25
Muscle Energy	0.34	21
Counterstrain	0.54	33
Articulatory	0.69	42
Soft Tissue	0.45	28
Balanced Ligamentous Tension/Ligamentous Articular Strain	0.54	33
Facilitated Positional Release	0.47	29
Still Technique	0.36	23
High Velocity, Low Amplitude Thrust	0.24	16
Lymphatic Pump	0.31	19
Chapman Reflex	0.10	7
Visceral Manipulation	0.13	9
Percussion Vibrator	0.00	1

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Card Study Conclusions

- There is a large amount of correlation within clinics with respect to most study variables
- Such correlation substantially inflates the sample size needed to test study hypotheses
- The CONCORD-PBRN must grow by increasing the number and diversity of member clinics
- The CONCORD-PBRN must strive to obtain a patient base that is representative of the primary care population that it wishes to represent

Growth of the CONCORD-PBRN

“Hub and Spoke” Model

