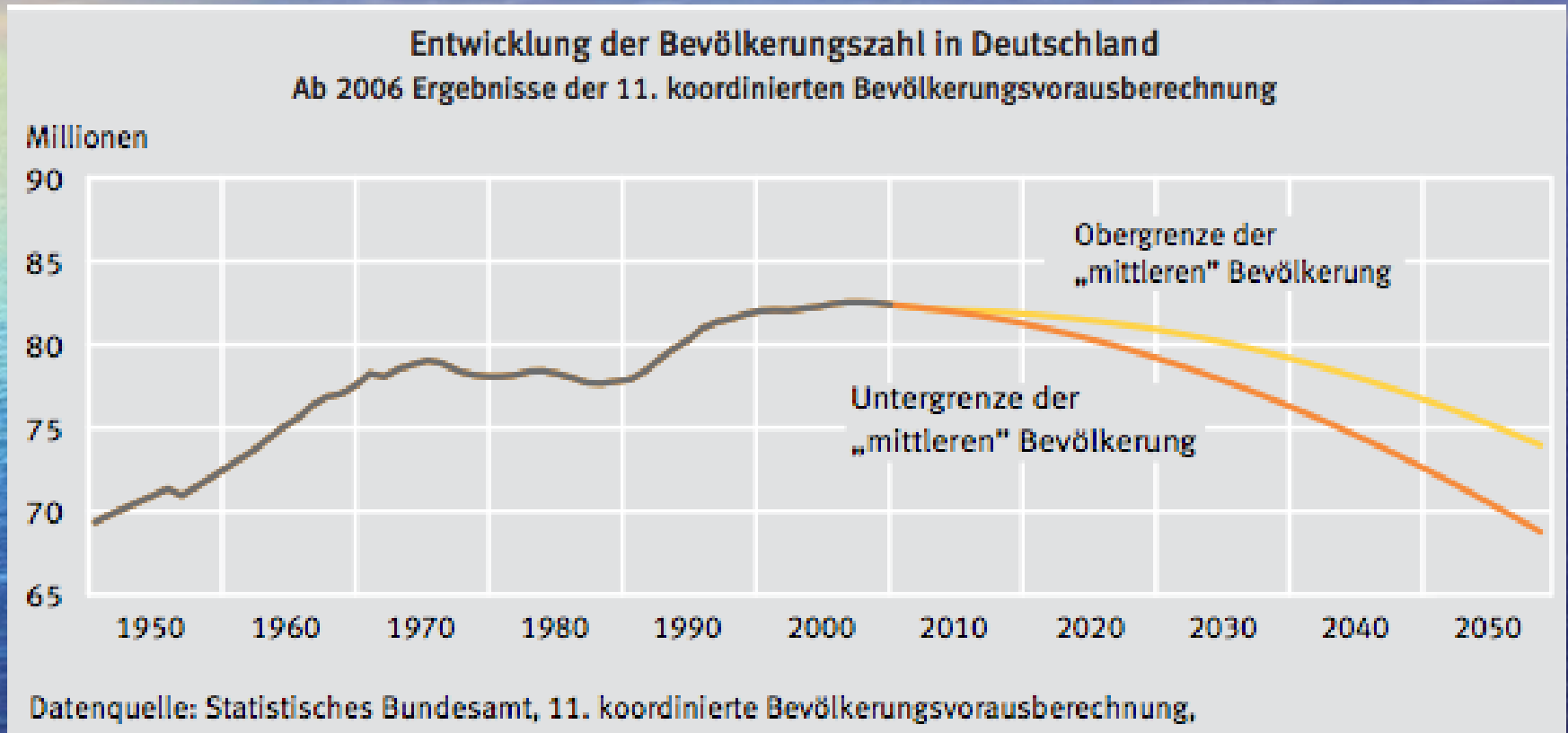


# Regulation, registration and licensure in Germany

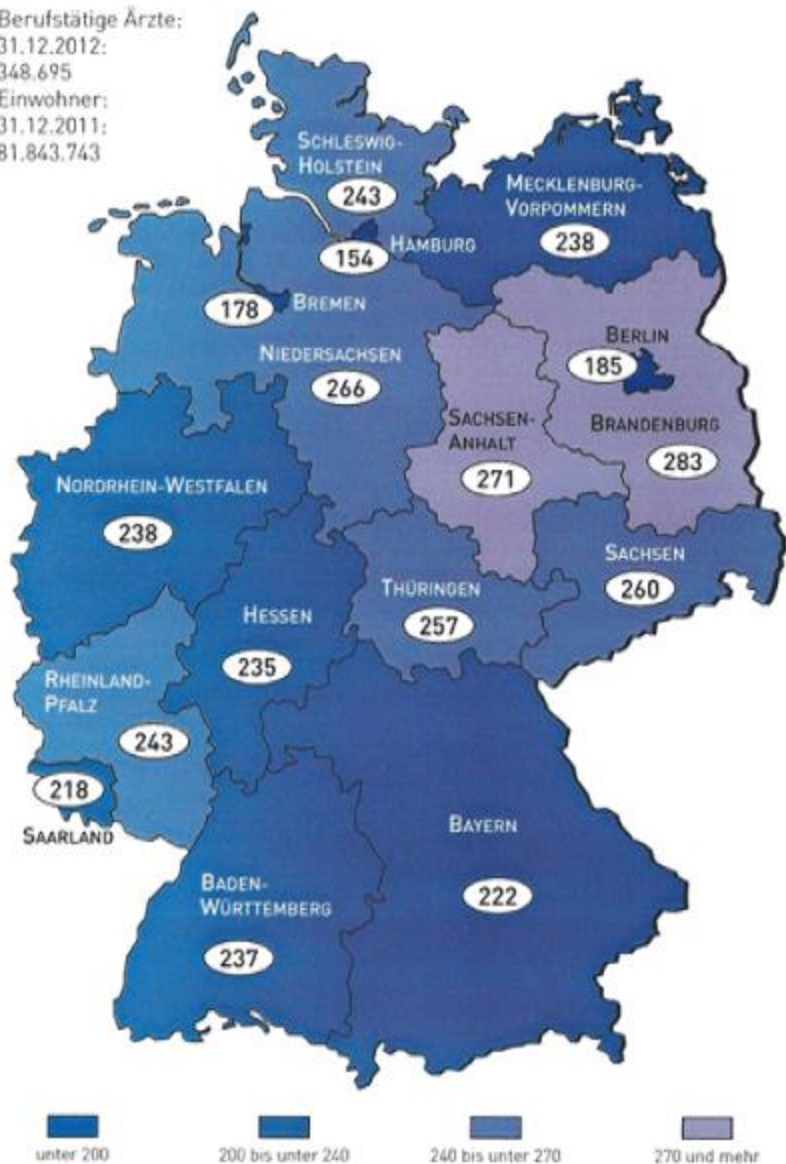
Dr. med. Johannes Mayer D.O.M.  
Family medicine, Osteopathic medicine  
DGOM president, BDOÄ president  
Board director OIA  
[johannes@dr-mayer.org](mailto:johannes@dr-mayer.org)

# Epidemiological data about Germany population in Germany



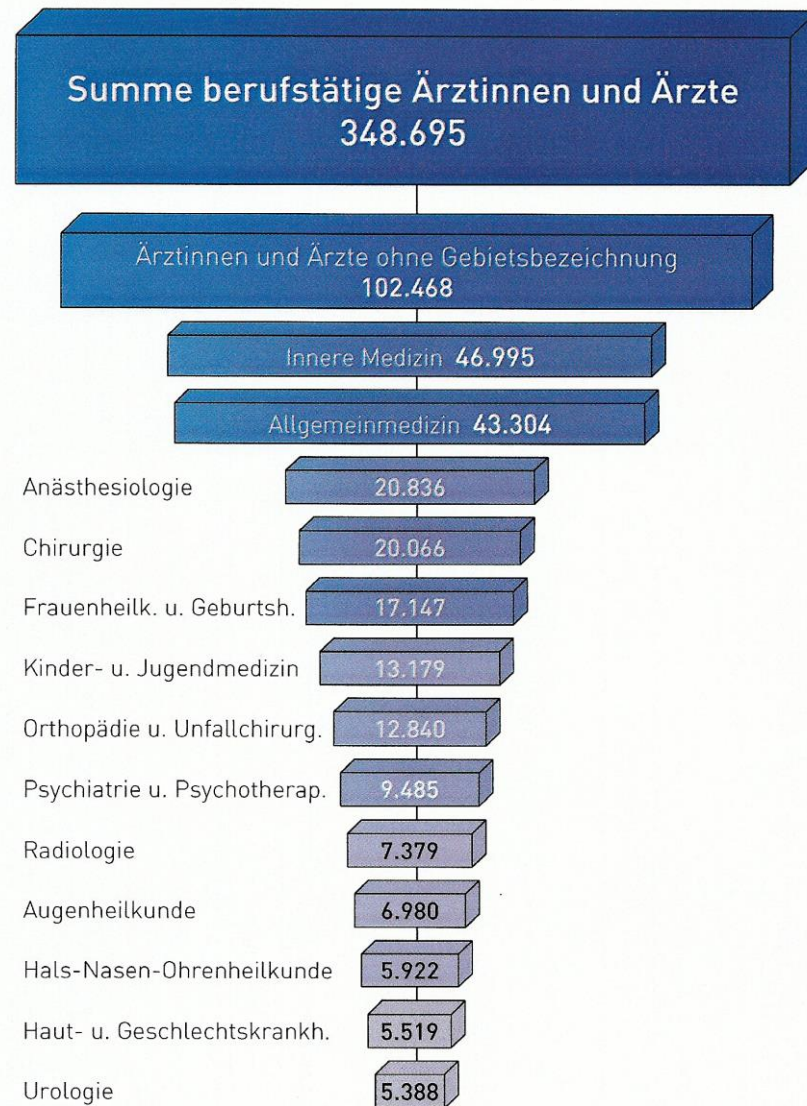
# Physicians in Germany 2012

Berufstätige Ärzte:  
 31.12.2012:  
 348.695  
 Einwohner:  
 31.12.2011:  
 81.843.743



Quelle: Statistik der BÄK, Statistisches Bundesamt

Abbildung 3: Berufstätige Ärztinnen und Ärzte nach Arztgruppen zum 31.12.2012



Quelle: Statistik der BÄK

# Osteopathic Physician in Europe (EROP definition)

- A fully licensed medical doctor with or without specialisation in medicine.
- Additional postgraduate academic and professional training in OM with a diploma graduation.
- Acquisition of diagnostic and therapeutic skills for OM requires an educational training program of at least 700 hours within a minimum time of 4 years.
- The educational standard in OM requires knowledge and skills in all three osteopathic areas, the parietal, the visceral and the cranio-sacral system.
- The osteopathic physician completes and broadens the standard medicine in the context of an integrated patient care. He emphasizes both an evidence informed and person centred medicine.

# Osteopathic physician in Germany

University admission test

## **Medical study**

6 years fulltime +1, 8500 hours

## **Medical specialization**

5 -6 years  
12.00 hours

## **Manual medicine**

320 hours, part-time 2 years  
Diploma manual medicine  
General medical council

## **Osteopathic medicine**

400 hours, part-time  
Diploma Osteopathic medicine  
Medical osteopathic societies

## **Osteopathic techniques**

160 hours, part-time  
General medical council

# Osteopathy and German laws

- Several German courts - last time in 2008 - fixed that Osteopathy is **healing art**, which can only be done by **physicians ore healing practitioners**. So no other professions are allowed to work in this area.
- The regulatory statutes for physicians are made by the health ministry of Germany.
- Most details of regulation are delegated to the German medical council (GMC) which is a governmental like body and independent
- all Physicians have to be a member of the GMC

# The General Medical Council and Osteopathy, Report from 2009

- There is enough evidence to demonstrate that Osteopathy is scientific based and use full for the patients
- Scientific evidence exists only for the “parietal” techniques but not for visceral ore cranio-sacral approaches
- ON the other hand visceral and cranio-sacral concepts seem to have effects. More research is needed to verify this.
- Osteopathy by it nature is a healing art

# The General Medical Council and Osteopathy, Report from 2009

- Osteopathy is a broadening of the manual medicine which already exists in Germany
- Osteopathy has to be done by physicians with an adequate training
- Scientific medical osteopathic societies have to regulate this training themselves
- Osteopathic techniques can be delegated to physiotherapists which have adequate training in these techniques



# Osteopathic medicine versus Osteopathic techniques

## **Physician with specialization**

Manual Medicine - 320 hours  
scientific, technical approach  
part of mainstream medicine

## **Osteopathic medicine**

400 hours, part-time  
Own health care concept  
Part of integrated health care  
Diploma Osteopathic medicine

## **Osteopathic techniques**

160 hours, part-time  
additional osteopathic techniques  
part of mainstream medicine  
General medical council

# Osteopathic medicine as a new medical specialization

- In 2013 three German Osteopathic physician organizations requested at the General medical council, that Osteopathic medicine should be regulated as a new independent specialization
- The time of training should be 4 years part time and 1 year fulltime with a specific osteopathic curriculum
- Osteopathic medicine is an independent health care approach which is part of complementary medicine and part of integrated health care for patients

# EROP Questionnaire 2012

## German groups

<b>Group</b>	<b>members</b>	<b>teachers</b>	<b>Curriculum hours</b>	<b>Master course</b>	<b>Teacher training</b>	<b>Int. teachers</b>
DGOM	428	40	726	35/year	yes	12
DAAO	800	30	700	10/year	yes	yes
DVOM	40	5	1.600	12/year	yes	6
DGCO	725	6	700	3/year	yes	1
ÄSOM	89	13	792	5/year	yes	4
All	<b>2082</b>					

# Regulation and licensure

## Osteopathic physician

Fully licensed physician  
Diploma of Osteopathic society  
and EROP Diploma

## CME

Every two years  
66 U.E. retraining

**EROP Diploma**  
renewed

**Diploma**  
Osteopathic physician  
society renewed

**CME**  
Medical specialization  
200 U.E. in 5 years

# Osteopathic physicians and Osteopaths in Germany

- In September 2013 four German Osteopathic physicians organizations formed an new umbrella with name **BDOÄ**
- BDOÄ has good cooperation with VOD and other Osteopaths umbrellas
- Osteopaths should have an academic level, which is minimum a bachelor, better a master level for safe patient health care
- In 2013 Osteopaths are just starting with academic programs
- Both professions Osteopathic physicians and academic Osteopaths should cooperate

# Physiotherapists- Osteopaths in Germany

Physiotherapists: 136.000

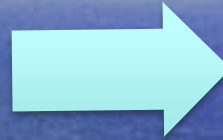


# Future of Osteopaths in Germany

**2013**

All physiotherapists  
in Germany

136.000



**2020**

Osteopaths:  
7.000

- Osteopaths: 5.000
- 70% working in private office
- 3% academic
- 100% providing OMT

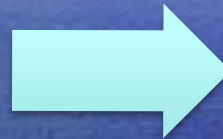
- Bachelor of science in Osteopathy: 3.000
- Research programs
- Master of science in Osteopathy: 2.000

# Future of Osteopathic physicians in Germany

**2013**

All Physicians in  
Germany

350.000



**2020**

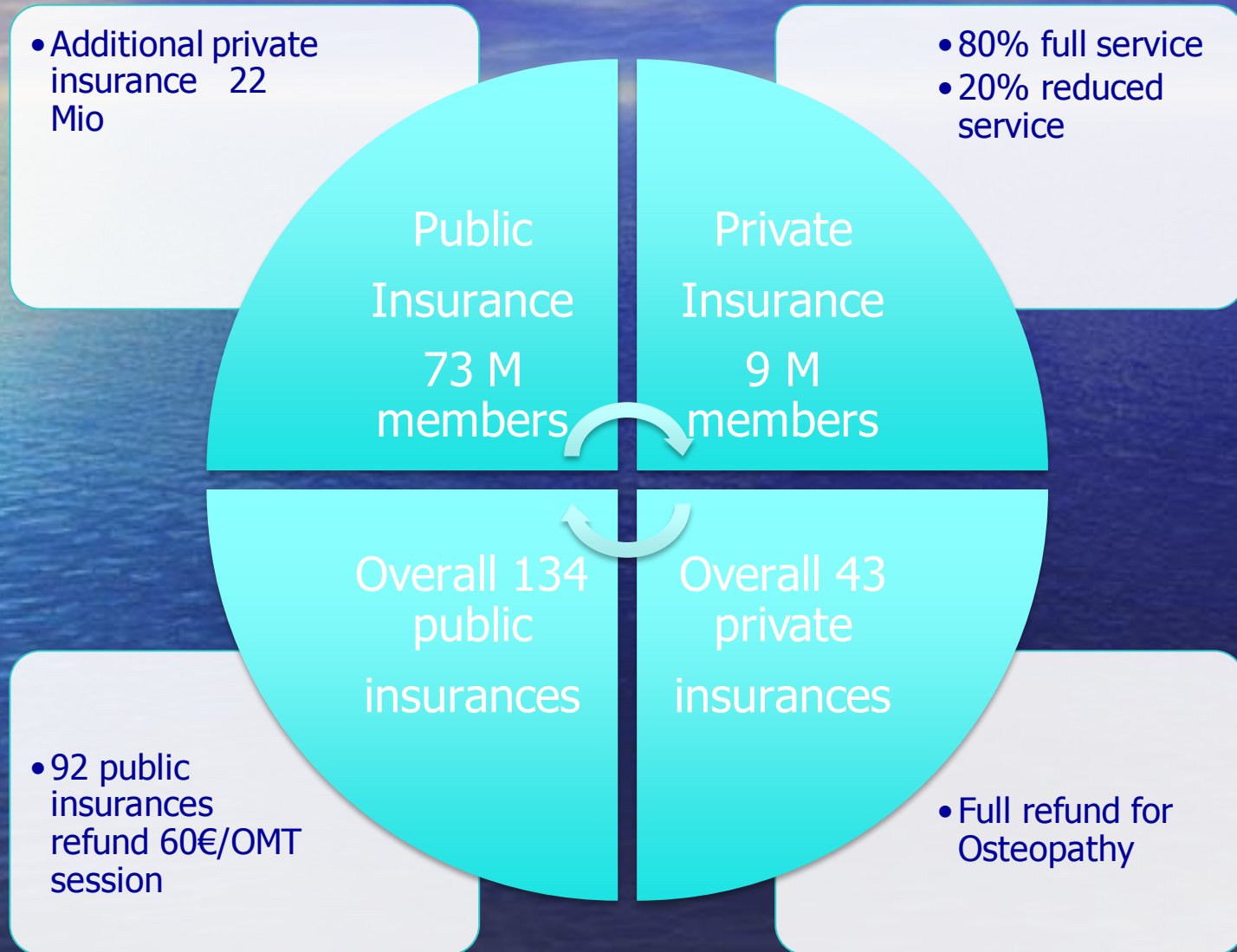
Osteopathic  
physicians: 3.500

- Osteopathic physicians: 2.200
- 70% working in Complementary medicine
- 80% private office
- 100% providing OMT

- Master of science in Osteopathy: 500
- Research programs
- Medical specialization in Osteopathy
- Integrated health care



# Health insurances and Osteopathy



# Future of Osteopathy in Germany

There is no way to reach the moon without leaving the earth.

Thank you very much for your paitence audience!

