# Enhancing, promoting and advancing the osteopathic profession in Australia The Clinical Practice Groups (CPGs)

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# **Presentation objectives**

The objectives of the presentation are to:

- Explain what a Clinical Practice Group is (CPG) and why the concept is unique in the Australian context.
- Outline what Osteopathy Australia's CPGs will do to promote, advance and uphold clinical competence and reduce risk.
- Describe project phases in moving toward implementation.
- Outline challenges faced in the CPG project to date



## What is a Clinical Practice Group (CPG)?

- The CPGs will be structures of Osteopathy Australia that provide affiliation, belonging and connection between osteopaths with developed clinical competence in focus areas of practice, including:
  - Exercise based rehabilitation
  - Occupational health
  - Pain Management
  - Paediatrics
  - Sports practice.

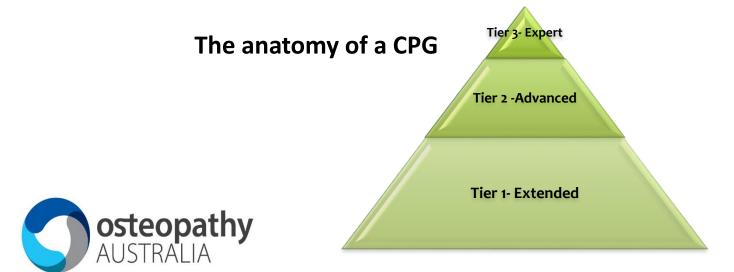


### Why are the CPGs unique in Australia?

 The CPGs represent an innovative first in Australia, complementing existing governance arrangements for osteopaths in the country and filling a crucial gap in infrastructure required for the overtime sustainability of the profession.



Outcome 1: incentivise osteopaths to grow their clinical skillset through tiered rewards and recognition



Outcome 2: the CPGs will create robust referral pathways between advanced practitioners and all other osteopaths for timely and responsive care, assessment and clinical management



Outcome 3: the CPGs will enable Osteopathy Australia to seek additional practice privileges through targeted lobbying in distinct program areas (whether government funded programs, private health insurance service types for rebate)



Outcome 4: The CPGs will enable increased production of evidence for osteopathy that can be disseminated and promulgated.



Outcome 5: the CPGs will advise on knowledge and reasoning skills from a focus area needed within the every day practice of all osteopaths to minimise risk, increase safety and quality.



# The CPG project in a snap shot

- The CPG project involves slow culture change and careful implementation.
- The formulation and launch of advanced practice credentialing and recognition arrangements will take between 4-6 years at minimum.
- Osteopathy Australia is over 2 years into the process and started in 2015.



# Key challenges of the project



You will never reach your destination if you stop and throw stones at every dog that barks.

— Winston Churchill —

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# Challenges in a nutshell

- Resourcing is a critical component. Be prepared to invest significant organisational resources over the long term for formalisation.
- The more significant risks stem from the osteopathic profession itself:
- Confusion between regulation/minimum standards and quality/excellence
- Philosophical barriers
- Turf protection/anxiety
- Over-anticipation/lack of awareness of credentialing system development
- Equity concerns.

