## Osteopathic International Alliance

## Montreal, Canada 27<sup>th</sup> September, 2015





## Collecting practice-based PROM data using a web and mobile app





## Background to the study

- Data collection in the USA;
- Retrospective data collection in the UK
  - Profession-wide
  - Individual practices
  - OEls;
- Prospective Standardised Data Collection (Fawkes et al, 2012).





### What are PROMs?

A PROM is essentially a form of questionnaire whose objective is to measure a patient's health status.





## Different uses of PROMs

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- Measuring effectiveness of care;
- Fostering discussion with patients;
- Monitoring progress;
- Use as a decision aid.



# PROM data collection in osteopathy

- Systematic review;
- Qualitative study with patients;

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• Qualitative study with osteopaths.



## Osteopaths' views





General views; Concerns; Potential advantages and disadvantages.





## Patients' views





General views; Time; Location; Concerns; PROM formats.





## Piloting the PROM app

### OEIs Private practices Feasibility Test-retest reliability Responsiveness





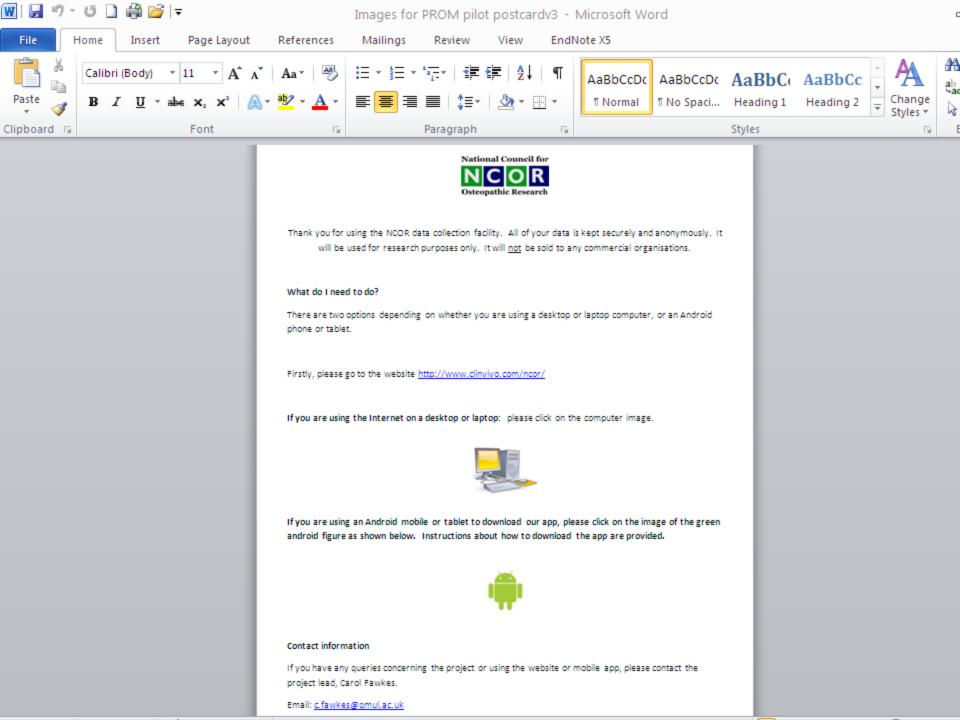
## How does the system work?

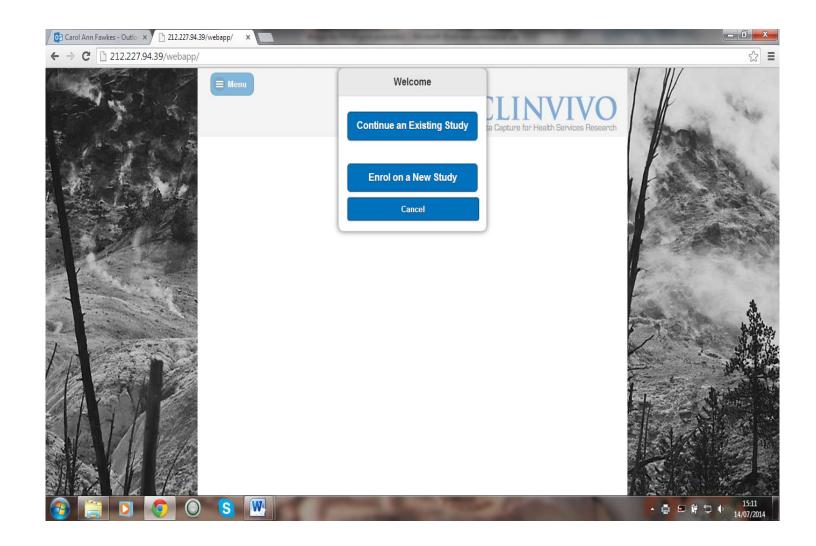
- Information package for osteopaths;
- Code for individual osteopaths;
- Acute/chronic;
- Explain to patients about the study;
- Provide a PIS and code for patient.

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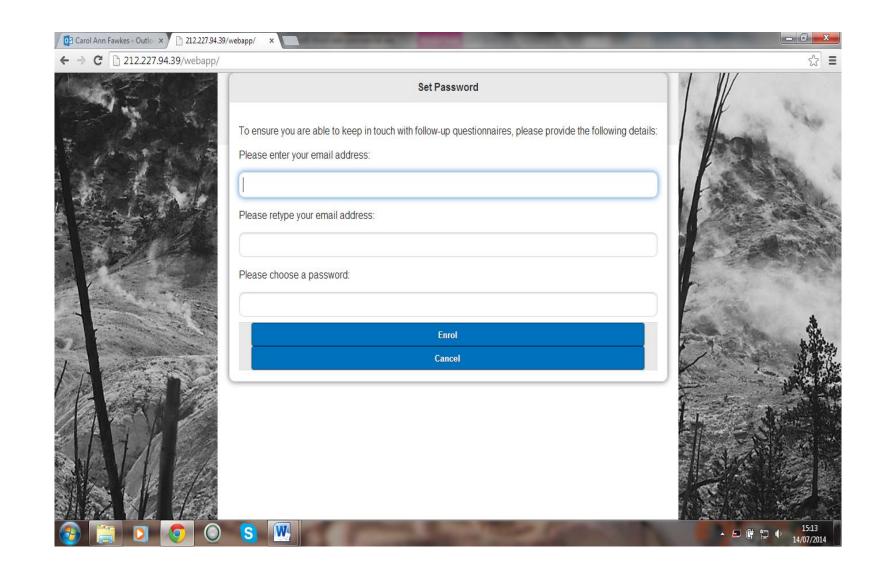






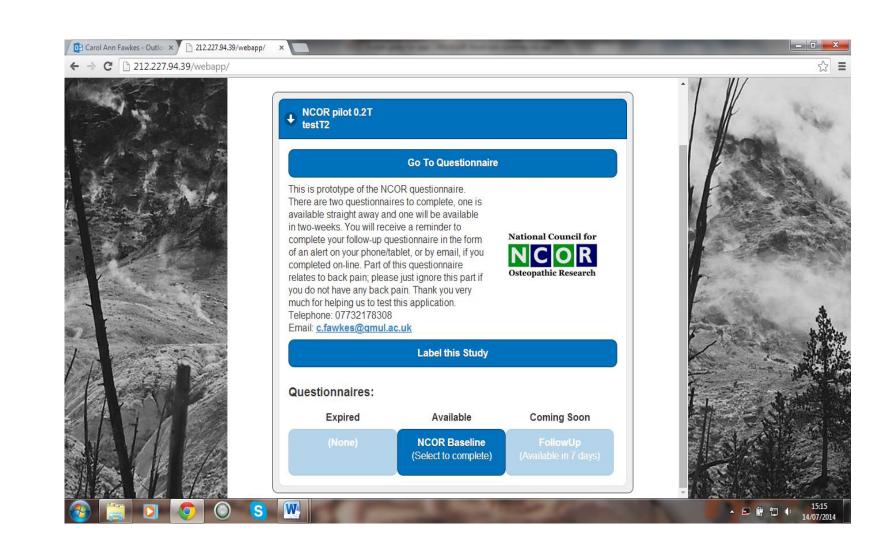


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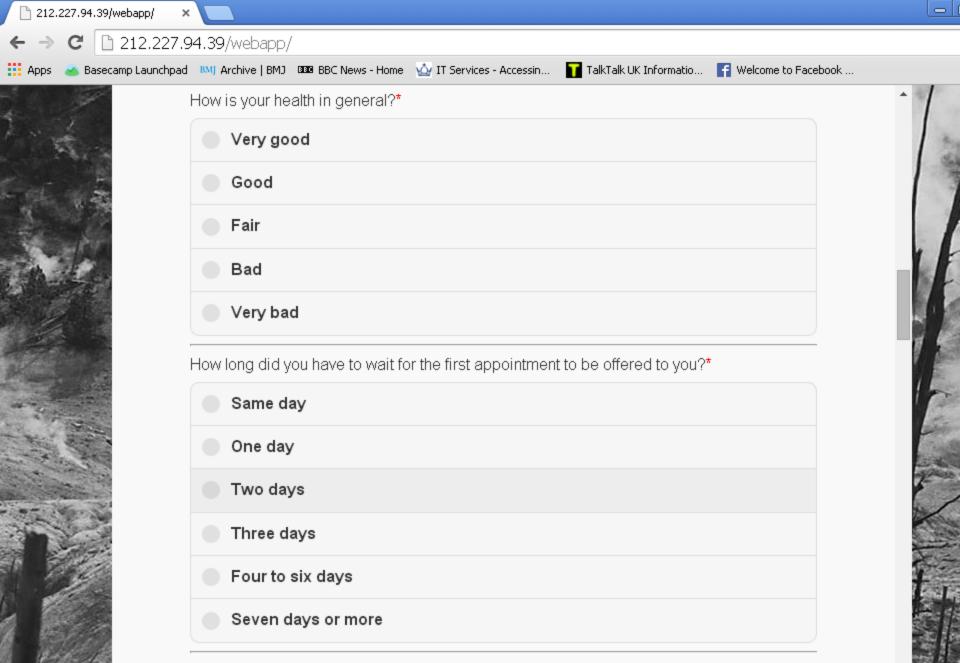
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San L	Please complete each question but please ignore questions about back pain if you do not have any back pain.	
-	What is your age?	the
1 1 m 1 m	• 18-29	
A A A	<b>30-39</b>	
	• 40-49	
	50-59	
	60-69	
	0 70-79	a trace
The second se	80-89	Pro N
1	90 and over	
12 200 20	What is your gender?*	Frank and
	Male	
	• Female	
	What is your employment status?	
	Employed (including full time and part time and self-employed)	

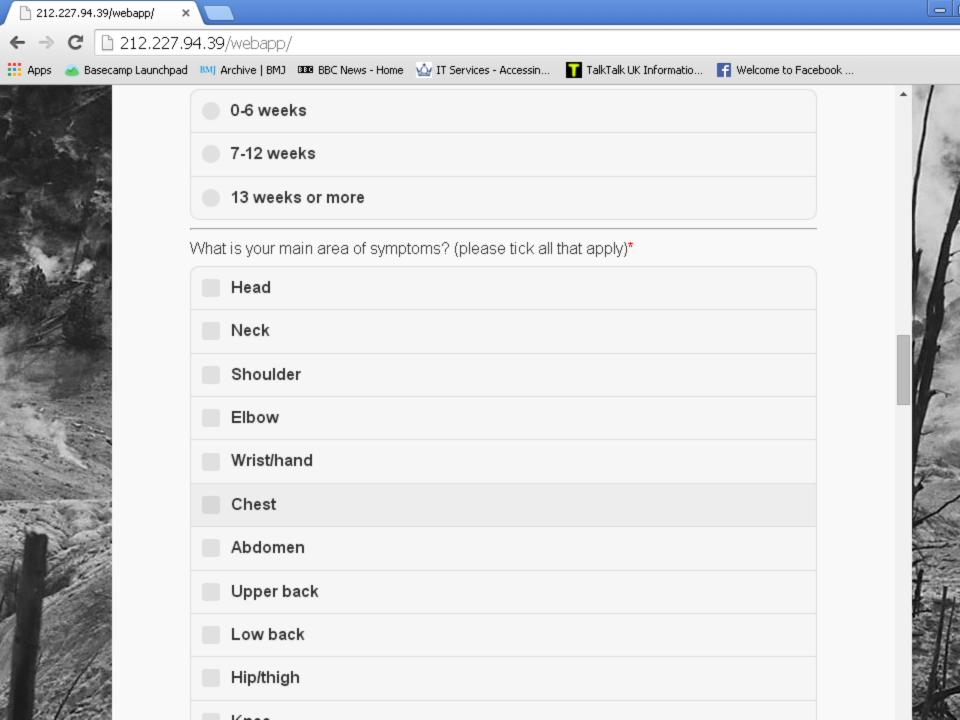


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How long have you had your current symptoms for this episode?\*

0-6 weeks





Over the past few days, on average, how would you rate your pain on a scale where 0 is no pain, and 10 is worst pain possible?\*

No pain Worst pain possible										е	
0	1	2	3	4	5	6	7	8	9	10	

Over the past few days, on average, how has this complaint interfered with your daily activities (housework, washing, dressing, lifting, walking, reading, driving, climbing stairs, getting in/out of bed/chair, sleeping) on a scale where 0 is no interference and 10 is completely unable to carry on with normal activities?\*

No interference

Completely unable to carry on with normal activities

0	1	2	3	4	5	6	7	8	9	10	
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Over the past few days, on average, how has this complaint interfered with your normal social routine including recreational, social and family activities, on a scale where 0 is no interference and 10 is completely unable to participate in and social and recreational activity?\*

No interf	erence				Comple	tely unal	ole to ca	rry on wi	th norma activitie:		
0	1	2	3	4	5	6	7	8	9	10	

Over the past few days, on average, how anxious (uptight, tense, irritable, difficulty in relaxing/concentrating) have you been feeling, on a scale where 0 is not at all anxious and

### Follow up data

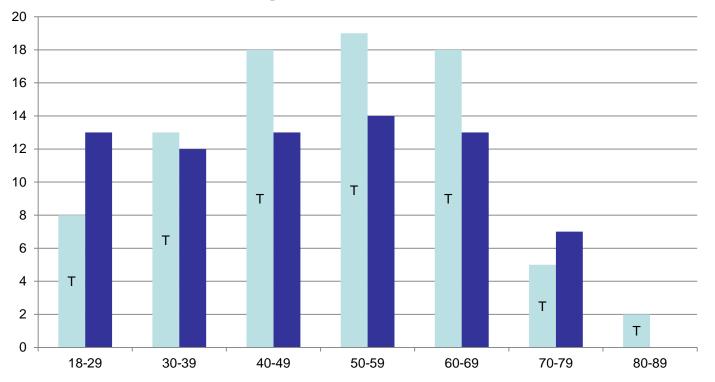
One week; Six weeks; Patient satisfaction; Patient experience; Global change in health.





## Pilot data

#### Age of participants

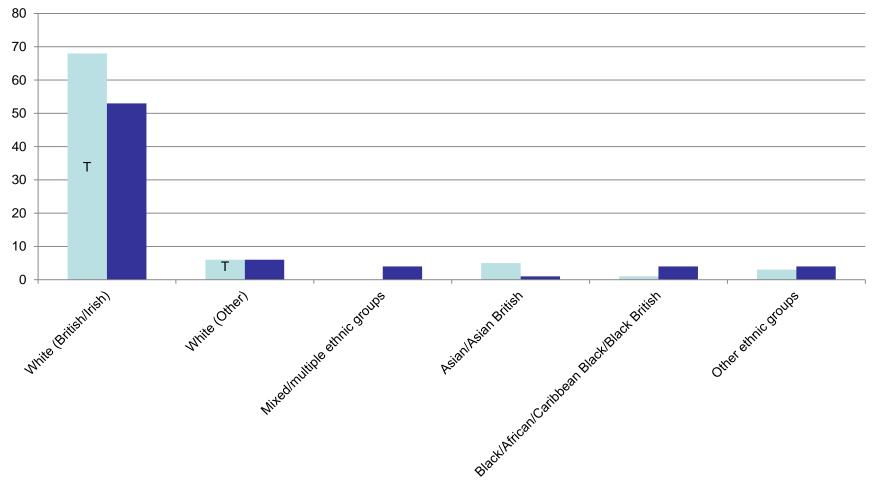


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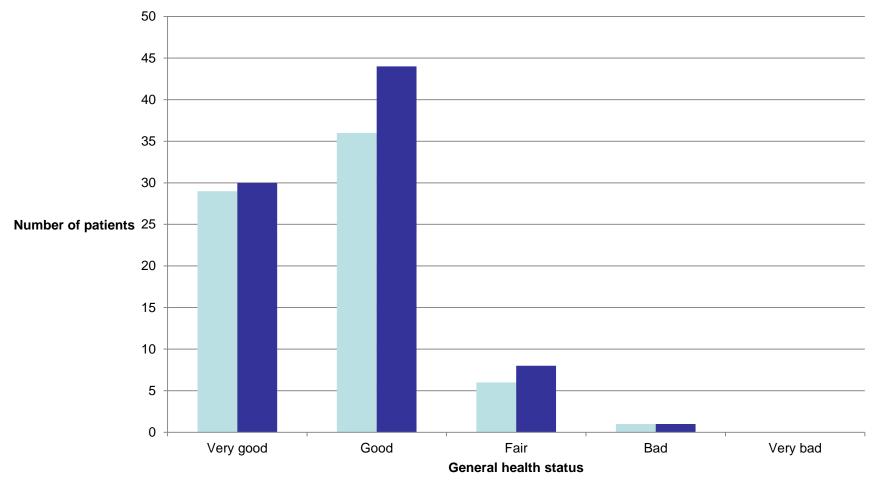


#### Ethnicity

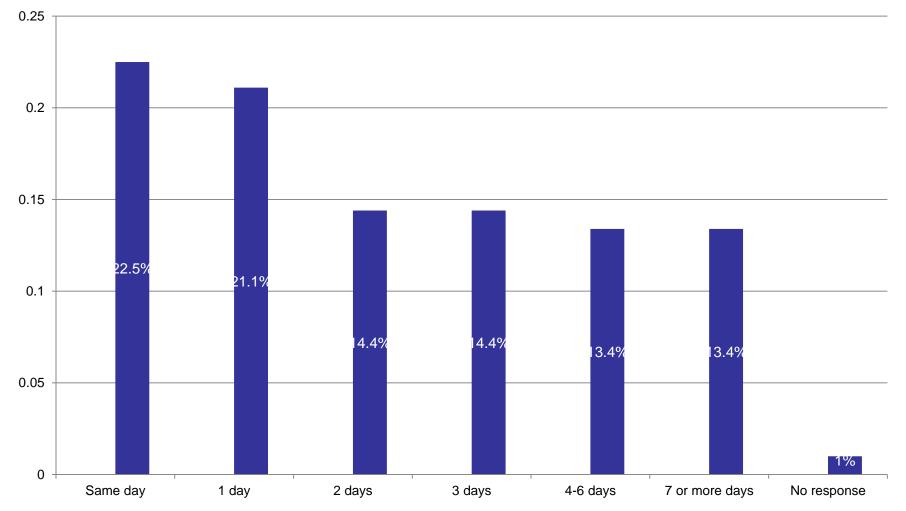




#### **General health status**







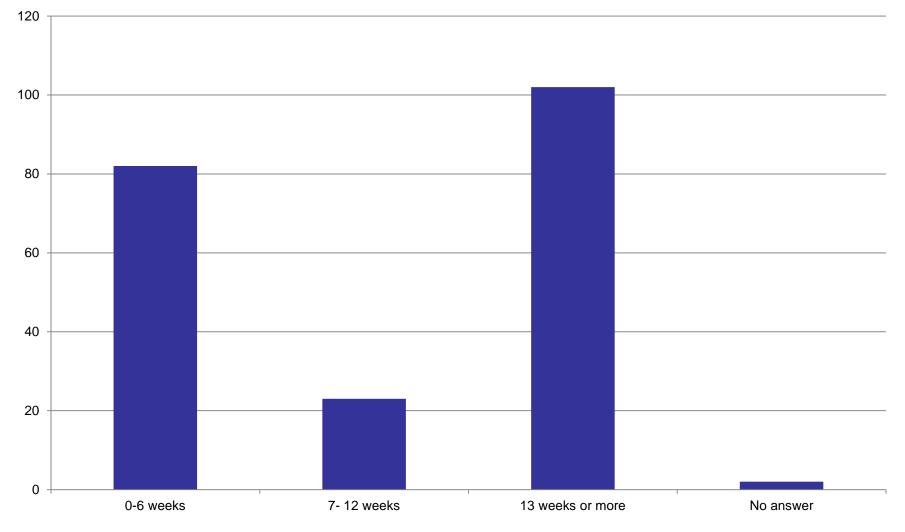
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#### Waiting time to first appointment offered



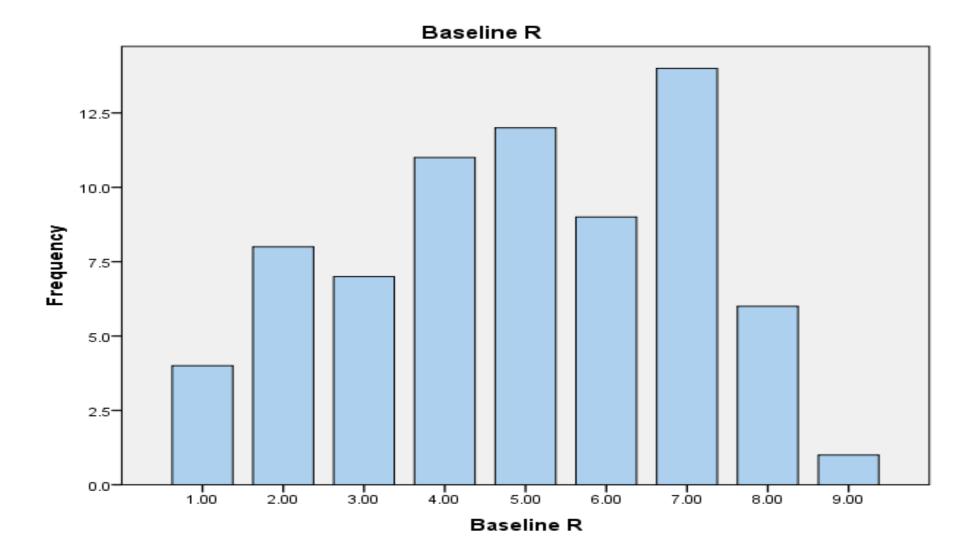
#### **Duration of symptoms**



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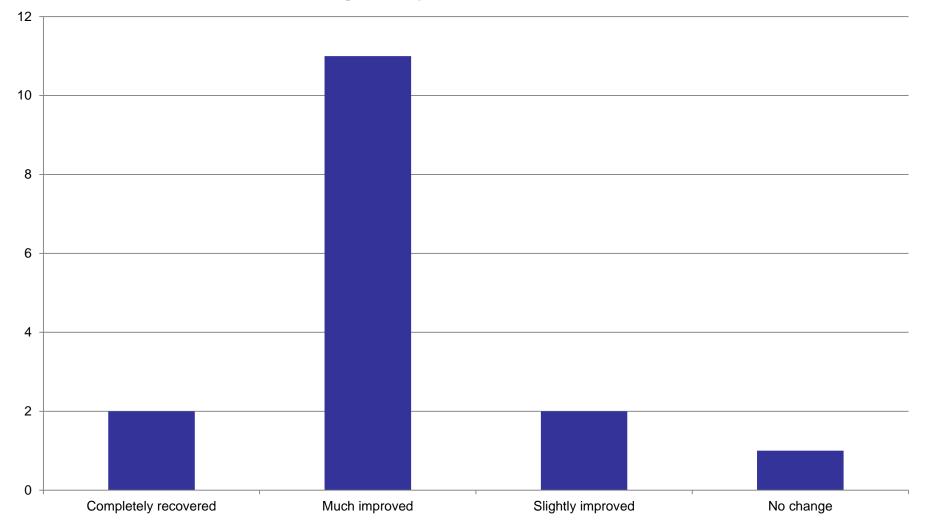
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#### Change in symptoms at 6 weeks



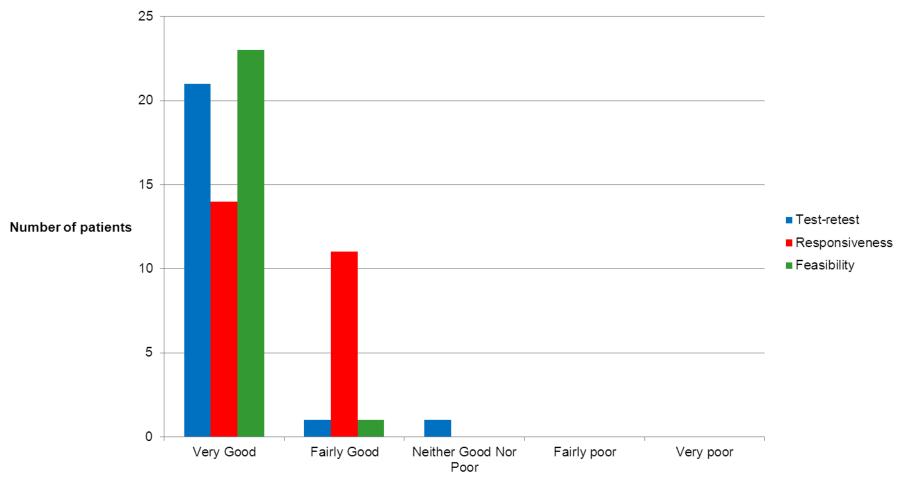
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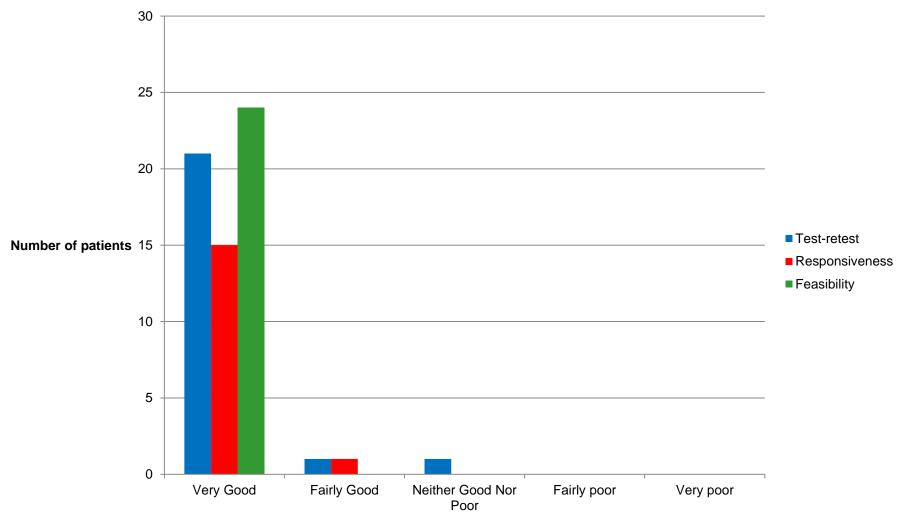


#### Satisfaction with osteopathic care





#### Experience of osteopathic care





# Thank you

OIA for their invitation to present this work and pilot data;

Institute of Osteopathy for funding the development of the app.





# Next steps





## Questions



