



The Student Osteopathic Surgery Association (SOSA) will be hosting a dexterity and suture clinic. Individuals can practice surgical knot tying, practice sewing up banana peels and pigs feet, and work on their dexterity by threading beads onto a string using only surgical tools (needle drivers and pick-ups).

Culinary Medicine will be providing **healthy study snacks**, and will also have an **iced coffee bar** (made from ethically sourced coffee beans!) for a boost of energy. They will have information about the health benefits of nuts in our study snacks, and information about caffeine consumption.

The Student American Academy of Osteopathy (SAAO) club is excited to share with the health community the benefits of **Osteopathic Manipulative Treatment (OMT)**, and will be providing OMT treatment for anyone who is experiencing pain/discomfort or is interesting in seeing what OMT is all about.



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