

# International Osteopathic Sports Care

[www.inosc.org](http://www.inosc.org)

Simeon Milton for OIA 5/10/15



# INOSC was formed to enable other Osteopaths to experience what “Team Osteo” did in London 2012



# Feedback after London

## Lord Coe

The Olympic and Paralympic Games in London 2012 were unique in its provision of Medical and Paramedical services provided to athletes. For the first time in Olympic history, Osteopaths were invited to be part of the Central Medical Team. Twenty-five highly dedicated osteopathic experts gave their time to volunteer as part of the Physical Therapies team, looking after athletes and support staff from all over the world. Osteopaths were present for the duration of both the Olympic and Paralympic Games, located in polyclinics at each major Olympic village, performing over 900 medical encounters.

The incredible success of London 2012 showcased the determination, enthusiasm and commitment of all those involved. Osteopaths were part of a team of 70,000 games makers who played an integral role to help create that legacy, which lit up the world and I thank them for their time, their professionalism and their dedication to the athletes. If this successful legacy is one we can take to Rio 2016, then it is sure to follow London's footsteps in being a resoundingly successful Games.

# The IOC

- There's no doubt but that the highest level ever achieved by an OCOG physical therapies service in the history of the Olympic Games was achieved by all of you and for these reasons it is very important that your outstanding achievements are documented in the IOC official records and are recognised as the benchmark by which standards of future OCOG physiotherapy and physical therapies services are set



Points arising from Post Games meetings with the IOC, Dr Richard Budget, Dr Marie-Elaine Grant

- There is a demand and desire for Osteopaths to be involved at the highest level in Sports Care
- A database of Osteopaths interested in working at this level was needed to facilitate this
- For any event, if there are sufficient local osteos with the appropriate levels of experience and skills then they should provide the service
- If this is not the case then an International team would be best suited to provide the service, fitting into the physical therapy provision
- Sounds simple!!

- We needed to set up this special interest group
- Tim Allardyce and David Lewis volunteered to help me form the group
- Tim set up the web site
- Asked for expressions of interest via Osteopathic Organisations around the world
- Now have a mailing list
- We are currently just facilitating opportunities, we are not making specific recommendations on individual Osteos or checking their experience etc

# Main problems so far!

- Fitting into the legal systems of different countries
- The differing legal status of Osteopathy around the world
- This has been the case in Sochi and Rio

# Successes so far

- Very new venture but so far
- Rio
- After a huge amount of work from Jacson locally in Rio and me with the IOC International Osteos can work at the Games
- Baku 2015
- The first ever European Games want Osteopaths as part of their Medical Team
- Multi sport event
- <http://www.baku2015.com/en/>



# QUESTIONS?

