

Osteopathic Sports Care Association



Osteopathy at the London 2012 Games

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Pre Games

- This was the first time Osteopathy had been included as part of the Central Medical Team – IOC protocol
- Interviewed around 70 and chose 25 for “Team Osteo”
- In selection the emphasis on clinical skills and experience but had to be team players
- There was no first team
- “Every shift is vital” from the first, 16th July to the last 12th September

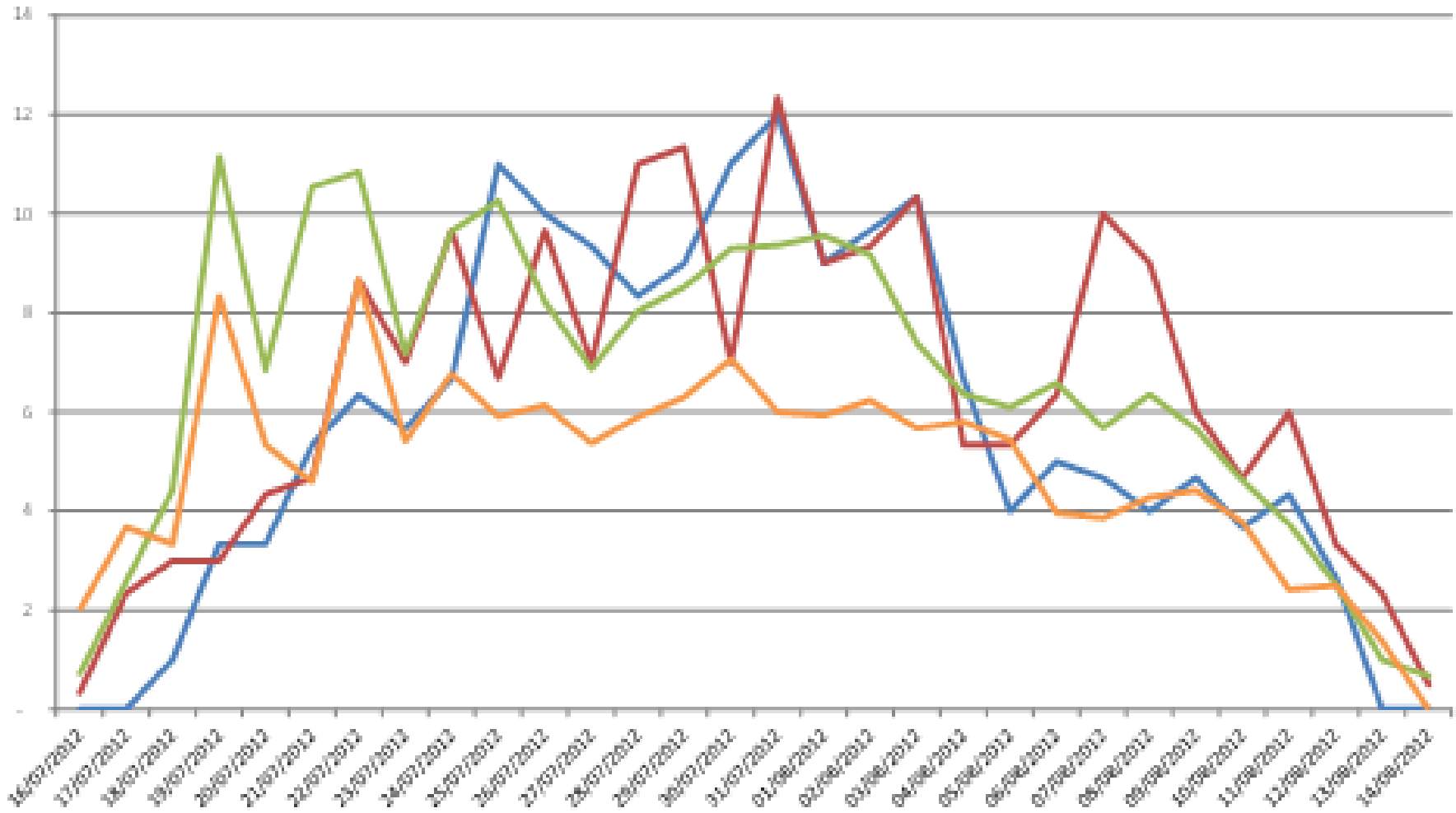
During Games

- We were working in the 3 Polyclinics - Stratford, Royal Holloway & Weymouth
- One Osteo per shift, two shifts per day at each venue = 285 shifts over 50 days, over 900 treatments
- Had to commit to 10/7 working, split x2 5/7 for all to get flame and non flame time
- We were used to treat, to provide second opinion and other treatment options
- Although not primary clinicians here our experience as one meant some missed diagnosis were caught

LONDON 2012 OLYMPIC GAMES

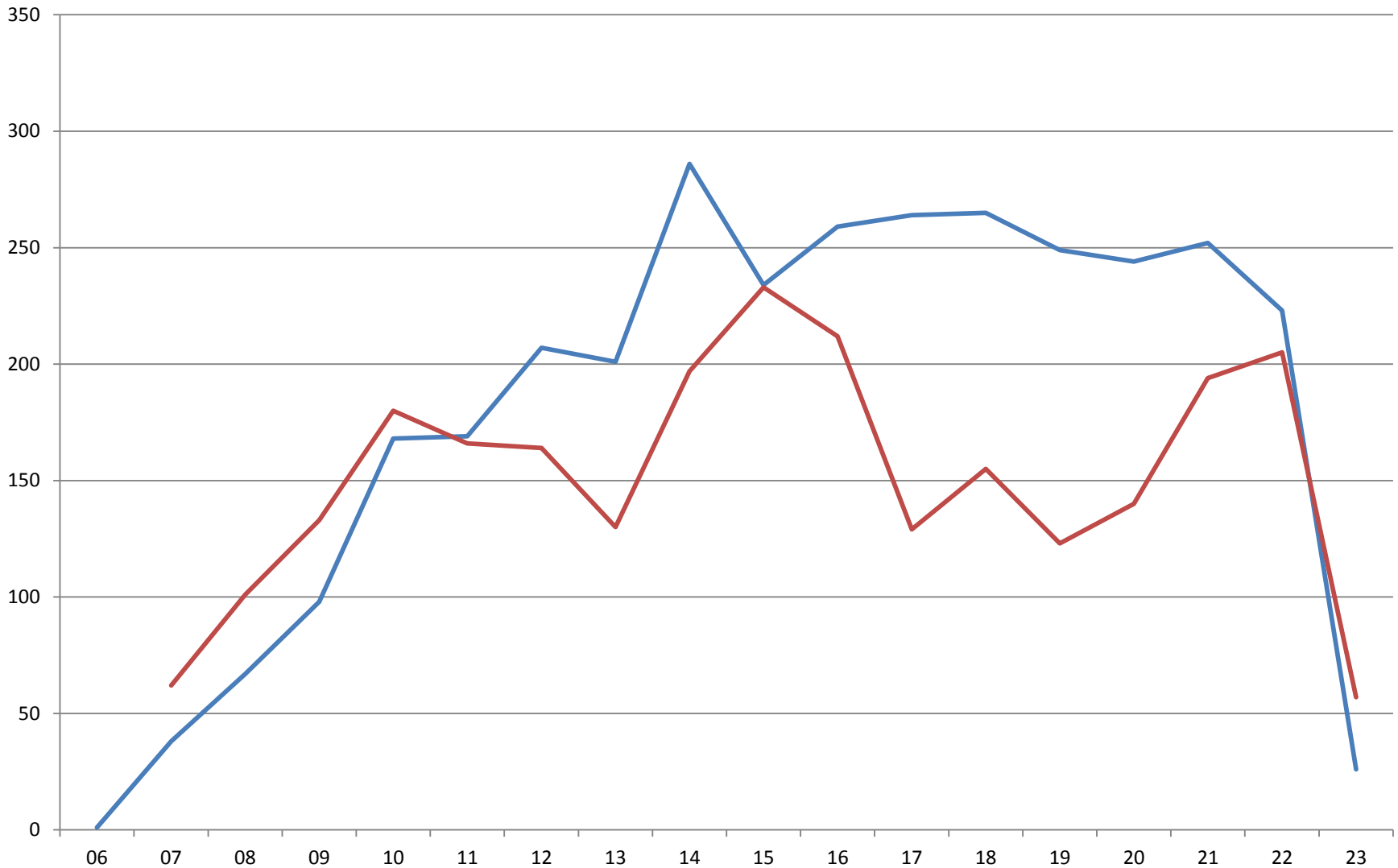
number of encounters per therapist in Athletes' Village Polyclinic

— Chiropractors — Osteopaths — Physiotherapist — Sports Massage



C.O.P.S. polyclinic activity by time of day

Olympic Paralympic



Continents treated at Olympics

Continent	Athletes	Other*	Olympic Family	Team Officials	Technical Officials	Grand Total
AFRICA	1805		31	420		2256
ASIA	1037			259		1296
EUROPE	881	1		261		1143
NORTH and CENTRAL AMERICA	859	1	1	222		1083
OCEANIA	448		2	210		660
SOUTH AMERICA	744			150		894
OTHER#		1694	53	1	177	1925
Grand Total	5774	1696	87	1523	177	9257

Top 10 countries treated at Olympics

● Olympic Games - Top 10	Athletes	Other	Olympic Family	Team Officials	Grand Total
EGYPT	367		1	49	417
ARGENTINA	228			31	259
NIGERIA	192			5	197
NEW ZEALAND	146			47	193
SOUTH AFRICA	130			52	182
MOROCCO	116			19	135
INDIA	127			7	134
JAMAICA	105		1	26	132
SAINT KITTS AND NEVIS	111			20	131
COLOMBIA	117			12	129

Continents treated at Paralympics

Continent	Athletes	Other*	Paralympic Family	Team Officials	Technical Officials	Grand Total
AFRICA	840	6	138	362		1346
ASIA	774	8	78	243		1103
EUROPE	598	9	57	254		918
NORTH and CENTRAL AMERICA	280	5	42	123		450
OCEANIA	56		29	42		127
SOUTH AMERICA	152		11	64		227
OTHER#		1858	557		4	2419
Grand Total	2700	1886	912	1088	4	6590

Top 10 countries treated at Paralympics

Paralympic Games - Top 10	Athletes	Other	Paralympic Family	Team Officials	Grand Total
MOROCCO	189		13	49	251
PEOPLE'S REPUBLIC OF CHINA	194	2	3	48	247
CANADA	116	2	1	38	157
SOUTH AFRICA	79	3	8	38	128
TUNISIA	98		3	26	127
NIGERIA	94			22	116
EGYPT	94		1	20	115
ALGERIA	38		8	58	104
IRAQ	50		9	43	102
RUSSIAN FEDERATION	45		3	53	101

Paralympics

- Busier ! Why?
- Village quickly full
- Came with chronic problems, less care than Olympians
- Fewer Physios on each shift
- Used the service post event

Reflections

- Excellent feedback from all who experienced the service from the IOC to individual athletes
- The role of Osteopathy in an Interdisciplinary team
- Never get put down as a driver at a major games!
- If you are ever appointed Clinical Lead before the Games you must do 2 things
- Have an honest conversation with your family before hand on time commitment
- Sleep lots



Questions?

