



## Partner Profile: Institute of Osteopathic Medicine (IOM)

The IOM, established in 2000, is a school for the development of osteopathy in Russia. IOM supports the main concepts in the development of osteopathy through the elaboration of measures to create a high quality system of training for well-qualified specialists in osteopathy and raising the level of their skills; the creation of educational and methodic basis for teaching of osteopathy; and improvement of scientific, educational, and professional skills. It currently has 115 students from Saint-Petersburg and Moscow. IOM does not have locations in other countries, nor provide programs for or accept foreign students into their programs at this time. IOM has twelve full-time staff persons and twenty-three part-time persons.

IOM supports the development of intimate mechanisms of osteopathic treatment in conformity with principles of demonstrative medicine. It has created a database (list) of osteopathic techniques as health-improving technologies for restorative medicine. IOM provides documentation that supports efficiency criteria in osteopathic treatment and application of these criteria in practical activity of restorative medicine. IOM has developed base programs of osteopathic treatment and an algorithm of their individual adaptation to various groups of population (children of early age, schoolchildren, working people, retirement persons) and specialists of various professional groups (athletes, persons mainly dealing with manual labour, persons mainly dealing with mental work, etc.).

In the period from 2000 till the present, the IOM has prepared 129 certified osteopathic doctors and has completed more than 137 scientific studies regarding actual aspects of osteopathy which have scientific and practical significance and comply with modern requirements of evidence-based medicine. IOM has published the following documents in Russian: 4 manuals in osteopathy, 14 teaching aids, collected research papers for 10 years of the IOM, and 2 monographs. It has translated into Russian and published the Pierre-Marie Gagey and Pierre Tricot books. IOM prepared and defended 3 PhD theses and 2 doctoral theses.

The IOM prepared a successful operating tutors team in Osteopathy, where their tutors have followed a special psychological and pedagogical training according to the program “High School tutor”.

### **For more information, contact:**

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